



Office for
the Aging

NEW YORK STATE LGBTQ+ RESOURCE GUIDE

FOR OLDER ADULTS & THE AGING NETWORK



2024 EDITION



**New York State
LGBTQ+ Resource Guide
For Older Adults and Aging
Services Networks**

www.aging.ny.gov

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A Message from the Director

Dear New Yorkers:

Nearly three million LGBTQ+ people are age 50 and older in the U.S. This population will grow to nearly seven million by 2030. Of the estimated 800,000 LGBTQ+ adults in New York State, nearly one-third – or 28 percent – are over the age of 50.

The New York State Office for the Aging (NYSOFA) is committed to fostering inclusive, person-centered programs and services for LGBTQ+ adults as they age. This resource guide continues our efforts on that front. It provides important information for providers about the unique service needs of LGBTQ+ older adults, best practices for addressing those needs, and a directory of organizations who specialize in serving LGBTQ+ older adults so that you can connect with trusted organizations for additional assistance.



NYSOFA thanks our Advisory Council of Older LGBTQ+ New Yorkers and the over 200 service providers who answered our survey to gauge the progress of New York's aging services system in comprehensively meeting the needs of LGBTQ+ New Yorkers.

Please read this guide to learn more about ways you can continue this progress and find help.

Sincerely,

A handwritten signature in black ink, appearing to read 'Greg Olsen', written in a cursive style.

Greg Olsen
Acting Director
New York State Office for the Aging (NYSOFA)

Further Information About This Guide

This guide builds upon NYSOFA's work with our stakeholder Advisory Council of Older LGBTQ+ New Yorkers. The Council includes representatives of AARP New York, the Association on Aging in NYS, and key stakeholders representing the LGBTQ+ community who have worked with NYSOFA to identify and overcome service gaps or barriers. Members of the Advisory Council have assisted NYSOFA and our partners across the state to improve LGBTQ+ cultural competency in the aging services system. These efforts have increased the participation of LGBTQ+ individuals on local aging advisory councils and led to the development of training and outreach strategies to improve service access.

Unique Needs of LGBTQ+ Older Adults

LGBTQ+ is an acronym for lesbian, gay, bisexual, transgender, queer or questioning, and more. These terms are used to describe a person's sexual orientation or gender identity. Please note that many LGBTQ+ older adults don't identify with or use the "Q" in LGBTQ+. Though widely accepted and celebrated among some circles in the community, the term "queer" was derogatory for many older adults when they were in their youth. There are many resources to better understand these terms:

- Language Primer: Terms, Definitions, and Acronyms, Gender Identity in the Workplace: A Toolkit for New York State Employees, <https://nyslearn.ny.gov/Scorm/GOER/GIDToolkit/a001part1.html>
- Sexual Orientation and Gender Identity Definitions, Human Rights Campaign, <https://www.hrc.org/resources/sexual-orientation-and-gender-identity-terminology-and-definitions>
- Sexual Orientation, Gender Identity & Expression Glossary of Terms, Center of Excellence LGBTQ+ Behavioral Health Equity, <https://lgbtquequity.org/wp-content/uploads/2023/04/SOGIE-Glossary-4.23.pdf>

A 2022 [Gallup Poll](#) found that 7.1% of adults in the United States identify as lesbian, gay, bisexual, or transgender. The 2022 [Behavioral Risk Factor Surveillance System Brief](#) from the New York State Department of Health revealed that 7.9 percent of all New Yorkers, 5.7 percent of adults aged 55-64, and 4.5 percent of adults over the age of 65 openly self-identify as lesbian, gay, bisexual, or another sexual orientation. 0.5% of all New Yorkers, 0.2% of adults aged 55-64 and 0.3% of adults over the age of 65 identify as transgender. The [UCLA Williams Institute](#) found that 5.1% of the population in New York State identifies as LGBT.

These numbers only represent those who self-identify and do not account for people who are questioning, or who may not feel comfortable publicly disclosing their sexual orientation and gender identity. As our overall population continues to age – and as more people are feeling comfortable publicly disclosing their identities – we can expect the population of LGBTQ+ older adults to increase over time.

Studies have shown in recent years that despite various efforts made for civil rights and inclusion, LGBTQ+ older adults are still experiencing discrimination when seeking aging-related services. For some, this fear and social stigma have disrupted their lives, their connections with their families of origin, their lifetime earnings, and their opportunities to save for retirement. Many are also apprehensive of health care providers for some of these same reasons.

LGBTQ+ older adults are less likely than heterosexual elders to access many services for the aging, including senior centers, meal programs, and other assistance programs because they fear discrimination or harassment if their sexual orientations or gender identities become known. Some LGBTQ+ older adults who access aging service agencies may also choose to remain private about their sexual orientation or gender identity, referring to partners, significant others, or loved ones as a “friend,” “roommate,” or “sibling.” Other LGBTQ+ older adults may resist accessing aging services and agencies altogether and may only seek assistance for emergency care, going without preventive supports that could help address needs or conditions before they escalate to crisis levels.

LGBTQ+ Health and Social Disparities in Focus

In January 2021, AARP, SAGE and other advocates for LGBTQ+ older adults issued [a report](#) revealing that:

- 23% of LGBTQ+ New Yorkers of all ages cite inadequate insurance coverage as the most significant barrier to health care.
- One-third of LGBTQ+ adults aged 50 and over live at or below 200 percent of the federal poverty level, compared to a quarter of non-LGBTQ+ people.
- 21% of LGBTQ+ adults aged 50 and over have provided care to friends – three-and-a-half times the 6 percent of non-LGBTQ+ peers.
- Poverty rates are even higher for LGBTQ+ older people of color, those aged 80 and older, bisexual older people, and transgender older people.

Of the 800,000 people in New York who are LGBTQ+, nearly one-third are over the age of 50. Yet the AARP/SAGE report found that this population remains largely invisible to traditional aging network or human service providers. This finding is also well documented by organizations serving LGBTQ+ older adults who are facing disparities rooted in years of discrimination, lack of legal and social recognition, reduced access to inclusive services, and more. After decades of admirable resilience, LGBTQ+ older people are still facing negative health, economic, and social implications that demand action. These challenges have been magnified during the COVID-19 pandemic.

NYSOFA's Strategic Plan for LGBTQ+ Older Adults

NYSOFA has developed a [strategic work plan](#) to enhance services for LGBTQ+ older adults in New York State. This plan was drafted in coordination with the Association on Aging in NYS, AARP, and SAGE. It includes:

- Establishing a NYSOFA standing committee on LGBTQ+ Aging to identify challenges and barriers to service access and ways to mitigate them.
- Sharing of best practices and developing expert recommendations on an ongoing basis to improve the quality of life for LGBTQ+ adults aged 50 and over.
- Working to increase the involvement of racially diverse LGBTQ+ populations representing stakeholder groups on the advisory councils and long-term care councils that local Area Agencies on Aging (AAAs) are required to organize.
- The inclusion of efforts being undertaken to assist LGBTQ+ older adults into NYSOFA's four-year plan and AAA local planning and conducting quarterly stakeholder meetings to identify issues and best practices.
- Encouraging regular assessments of older LGBTQ+ adults' needs that can be accomplished through surveys, focus groups, and collected as part of the mandatory community assessments which are required for the development of local four-year plans.
- Facilitating training of service providers on unique needs of LGBTQ+ older adults.

NYSOFA has already incorporated questions to identify the needs of LGBTQ+ older adults within NYSOFA's Comprehensive Assessment for Aging Network Community (COMPASS), our primary screening instrument. This screening process assists in developing client-centered planning to provide any one of the seven supportive services, including case management, home health aides, adult day care services, and home-delivered meals.

Deliberations of NYSOFA's Advisory Council for Older LGBTQ+ New Yorkers and the Governor's cross-agency workgroup will build upon the tremendous accomplishments made in New York State to increase access to community-based services and supports designed for LGBTQ+ older adults to help them age in place.

Key Findings on LGBTQ+ Competency and Resource Needs in the Aging Services Community

In the Spring of 2022, NYSOFA surveyed the Advisory Council of Older LGBTQ+ New Yorkers, AAAs, and other aging network providers to learn about the needs of service providers in delivering LGBTQ+ competent care, any issues or barriers they've confronted, and effective program models, outreach efforts or best practices. The following are some key findings:

- Approximately 34 percent of organizations serving LGBTQ+ New Yorkers had some involvement with the AAA Advisory Council in the county or counties they serve, with 19 percent serving as a member of the AAA Advisory Council in their community. Of those who were not involved in an Advisory Council, 26 percent indicated they were interested in involvement, presenting an opportunity area for AAAs to engage local LGBTQ+ service providers in more direct participation on local planning efforts.
- At least 56 percent of organizations had a contract with a AAA to serve older adults. Approximately 25 percent did not have a contract. (The remaining individuals answered “not applicable” or some other arrangement.)
- Most survey respondents expressed some degree of confidence in their abilities to serve the LGBTQ+ community. For instance, 63 percent of organizations “mostly agreed” or “agreed” that their organization provided excellent service to LGBTQ+ older adults.
- Organizations also shared information about existing service and resource gaps, with 7 percent saying there are not many resources in their area for lesbian, gay, and bisexual older adults, and nearly 9 percent saying there were not many resources in their area for transgender and gender non-conforming/non-binary older adults.
- Respondents were asked to describe any issues or challenges they encountered serving LGBTQ+ older adults. The most prominent issue was that clients or service recipients have expressed privacy concerns about discussing their gender/sexual orientation (37 percent cited this as a concern). Also, 33 percent said staff express concerns about their ability to approach the subject of gender/sexual orientation appropriately. These findings highlight the need for resources and training to help aging services providers initiate conversations on gender and sexual orientation. Indeed, nearly 82 percent of respondents said they would like additional training in LGBTQ+ cultural competency.

NYSOFA Innovations and LGBTQ+ Older Adults

NYSOFA has invested in numerous initiatives leveraging technology and digital tools to combat social isolation and provide support for caregivers. These offerings supplement direct services and supports provided at the local level by NYSOFA's network of providers. Many of these innovations work to target outreach to LGBTQ+ older adults and caregivers and provide culturally specific resources and support. NYSOFA works to ensure that LGBTQ+ older adults know that they are not alone and that there are resources available, ranging from financial support to identifying inclusive and affirming case management with judgement-free support.

NYS Caregiver Portal powered by Trualta

NYSOFA has partnered with Trualta to offer the NY Caregiver Portal which is a web-based caregiver education and support platform at no cost to any unpaid caregiver in New York State. The NY Caregiver Portal is an evidence-based caregiver training and support platform that helps families build skills to manage care at home for loved ones of any age. It also connects to local resources and support services by delivering personalized education, training, and information links.

The portal offers several classes tailored to caregivers who identify as LGBTQ+ and/or for caregivers who are providing support for an older adult who identifies as LGBTQ+. There is also a community chat room designated for LGBTQ+ individuals to connect around caregiving and share resources.

The New York State Caregiving Portal is at <https://newyork-caregivers.com>.

ARCHANGELS

ARCHANGELS is a national movement and a platform that is reframing how caregivers are seen, honored, and supported using a combination of data and stories, through public and private partnerships. The Caregiver Intensity Index (CII) is designed to engage all caregivers, even those who do not see themselves in the role. The platform provides each caregiver with a 'score' that not only validates their experience, but crosswalks them over to the resources that exist but often go underutilized due to lack of awareness. The Any Care Counts-New York Campaign (<https://www.anycarecountsny.com/>) is a way to recognize and support the millions of unpaid caregivers across the state by connecting them to available support resources in New York.

The project is supported through a partnership between the New York State Office for the Aging, the Association on Aging in New York, and the Ralph C. Wilson, Jr. Foundation.

ElliQ

ElliQ is an artificial intelligence powered companion designed to support and accompany older adults on the journey to age independently, while reducing loneliness and isolation. This [technology](#) is designed to foster independence and provide support for older adults through daily check-ins, assistance with wellness goals and physical activities, connection to family and friends, and more, using voice commands and/or on-screen instructions. A total of 834 ElliQs have been distributed statewide and 95% of NYSOFA clients using ElliQ report that the technology is helpful in reducing loneliness and improving wellbeing.

GetSetUp

Older adults in New York have free access to online classes offered by GetSetUp (<https://www.getsetup.io/partner/NYSTATE>) through an arrangement established by NYSOFA. Over 4,600 classes are designed for older adults by older adults, including support using digital devices and classes that promote physical, mental and social health with Tai Chi, Yoga, healthy cooking, meditation, book clubs, gardening, travel, and so much more. The most popular classes focus on topics of wellness and fitness. In 2023 counties began embedding GetSetUp classes into their website to provide easy access for older adults to the platform.

GetSetUp has partnered with NYSOFA to offer two classes every May and June: *Understanding LGBTQ+ Identities* and *Pride Month – What’s it all about?*

Ageless Innovation – Joy for All Animatronic Pets and Board Games

NYSOFA has been providing animatronic pets to older adults who experience social isolation. These plush, "lifelike" robotic pets are designed to make realistic sounds and motions, providing comfort and companionship to individuals. In a pilot study, NYSOFA found that 70 percent of older adults receiving these pets reported a reduction/significant reduction in loneliness as well as a 75 percent decrease in pain. NYSOFA is testing the efficacy of a safety product called the “walker squawker” in long term care facilities to reduce/prevent fall risk and fall-related injuries. When perched on a walking device, the “walker squawker” animatronic bird senses when the device has stopped moving and sings a playful song reminding older adults to use their walking support.

In 2023, NYSOFA partnered with Ageless Innovation's Reach Out and Play initiative sponsored by AARP. Timed around Grandparents Day (September 10, 2023), these events, sponsored by AAAs, utilized specially designed board games distributed by NYSOFA during intergenerational game events that brought communities together in the fight against social isolation. The 168 games that NYSOFA distributed across the state are reimagined classics that meet the needs and interest of older adults. With age-inclusive components, such as easy-to-grasp game pieces, increased font size, and trivia and references that cater to players of all ages, these games will spark fun, conversation, and connection.

Virtual Senior Center powered by enliveo

A partnership between NYSOFA, the Association on Aging in New York and Selfhelp Community Services is bringing Selfhelp’s Virtual Senior Center (VSC) into the homes of older New Yorkers to improve connectivity, combat social isolation, support health and wellness. The platform (<https://www.vscm.selfhelp.net/>) has launched with 20 pilot counties during the COVID-19 pandemic and has now been expanded statewide.

In partnership with Stonewall Village NYC (<https://stonewallvillagenyc.org>), the VSC has established the LGBTQ+ VSC Community. This inclusive community offers a range of programming facilitated by older adult centers dedicated to serving the LGBTQ+ community. These live, virtual programs are thoughtfully curated by and for LGBTQ+ individuals. Programs encompass book clubs, exercise sessions, artistic endeavors, and support groups, among others. Membership is open to all, regardless of how they identify.

GoGoGrandparent

For older adults, lack of access to transportation services is a top issue impacting social isolation. NYSOFA is working to expanded transportation options and economic opportunities for older adults through NYSOFA's partnership with the GoGoGrandparent rideshare program. This program helps arrange for rides, meals, and more to take older adults anywhere – from medical appointments to outings. In 2024, NYSOFA began a pilot with 36 counties across New York State offering services through GoGoGrandparent (<https://www.gogograndparent.com/>).

Blooming Health

Local offices for the aging in New York State use the Blooming Health platform to send personalized and targeted communications to clients across text messages, voice calls, or email, and in 35 languages. This results in a three-fold increase in program attendance and two hours per day of time savings for each team, achieved through process efficiencies.

The project is supported through a partnership between the New York State Office for the Aging and the Association on Aging in New York.

References

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Jones, J. (2022, February 17). *LGBT Identification in U.S. Ticks Up to 7.1%*. *Gallup*. <https://news.gallup.com/poll/389792/lgbt-identification-ticks-up.aspx>

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NYSOFA LGBTQ+ Resource Directory

The following resource directory provides aging service providers, LGBTQ+ older adults, and caregivers with a comprehensive list of current LGBTQ+ Centers, LGBTQ+ aging services, and general aging services. The directory also identifies SAGECare Certified providers (<https://sageusa.care/>), and places where providers can access cultural competency training. Many of the organizations listed in this guide have requested to be listed and NYSOFA has not evaluated listed organizations' competency in serving LGBTQ+ people.

SageCare Certified Area Agencies on Aging

SAGECare is SAGE's training and consulting division that assists senior care agencies in creating fully LGBTQ+-inclusive services. SAGECare training covers basics about what LGBTQ+ means, stories of real LGBTQ+ older adults, skills to work with LGBTQ+ older adults, and suggested improvements across multiple departments. If SAGECare has trained an agency staff, the agency is eligible to receive a SAGECare credential and display it on marketing materials and at their locations.

AAAs with SAGE Certification:

- Cattaraugus County Department for the Aging (Bronze, 2021)
- Chemung County Department of Aging and Long Term Care (Bronze, 2017)
- Clinton County Office for the Aging (Bronze, 2020)
- Lewis County Office for the Aging (Bronze, 2016, 2021, 2023, 2024)
- Monroe County Office for the Aging (Bronze, 2022, 2023)
- Oswego County Office for the Aging (Bronze, 2021, 2022, 2023)
- Steuben County Office for the Aging (Bronze, 2016)
- Suffolk County Office for the Aging (Bronze, 2023)
- Tioga Opportunities, Inc. (Bronze, 2018)
- Tompkins County Office for the Aging (Bronze, 2016)
- Ulster County Office for the Aging (Bronze, 2023)
- Warren/Hamilton Counties Office for the Aging (Bronze, 2023)

SAGECare certifications include four levels. To earn each level of certification, an organization must meet the following minimum levels of training:

- **Platinum:** 80% of employees received 1 hour of LGBTQ+ Aging Training and 80% of Executive/Administrators received 4 hours of LGBTQ+ Aging Training

- **Gold:** 60% of employees received 1 hour of LGBTQ+ Aging Training and 60% of Executive/Administrators received 4 hours of LGBTQ+ Aging Training
- **Silver:** 40% of employees received 1 hour of LGBTQ+ Aging Training and 40% of Executive/Administrators received 4 hours of LGBTQ+ Aging Training
- **Bronze:** 25% of employees received 1 hour of LGBTQ+ Aging Training

Metropolitan/NYC, Westchester, Nassau, and Suffolk Counties

NYC Boroughs – Bronx, Brooklyn, Manhattan, Queens, Staten Island

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Abba Human Service Foundation	845-253-6828	10 Schriever Lane Suite B New York, NY 10956 Contactus@abbahumanservices.org	Advocates and provides health and human services including case management/service coordination, physical and mental health evaluations, and treatment for older adults. https://abbahumanservices.org/aboutus
ACRIA/GMHC	212-367-1000	307 West 38th Street New York, NY 10018-9502 info@gmhc.org	Working to end the AIDS epidemic and uplift the lives of all affected. https://www.gmhc.org/
AffinialCARE	866-409-1276	135 W 58th Street New York, NY 10019	SAGECare Certified (Platinum, 2021) care management and caregiving services for individuals. http://www.affinialcare.com/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Alliance Homecare	646-681-3635	252 W 37th Street Suite 600W New York, NY 10018 info@alliancehomecare.com	SAGECare Certified (Platinum, 2017) in-home nursing care for all ages. http://alliancehomecare.com/
ARC XVI Fort Washington	212-781-5700	4111 Broadway New York, NY 10033 120 W 140th Street New York, NY 10030 108 W 146th Street New York, NY 10039 info@arcseiors.org	Sponsors three senior centers in NYC that provide senior transportation and conducts research with academic partners on senior issues and needs. http://www.arcseiors.org/
Aude Lorde Project	718-596-0342	85 South Oxford St. Brooklyn, NY 11217	Community organizing center for social justice. www.alp.org

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Bay Ridge Center	718-748-0650	15 Bay Ridge Ave Brooklyn, NY 11220	Provide services and programs for adults 60 years and older in southwest Brooklyn that promotes their well-being, supports their independence and encourages their involvement in community life. https://www.bayridgecenter.org/
Bay Senior Center	718-769-1767	3643 Nostrand Ave Brooklyn, NY 11229	Senior Center for Adults 60+.
Bayada Home Health Care – Adult Nursing	212-354-3557	115 West 30th Street Suite 700 New York, NY 10001	In-home health/help agency providing personal care, companionship, skilled nursing and more. http://www.bayada.com/
BJCC/ Ampark NORC	718-652-5500	2930 Wallace Ave Bronx, NY 10467	Provides case management, healthcare management and other social and educational programs that are focused on keeping older adults in their residence as long as possible. https://nyconnects.ny.gov/services/bjcc-ampark-norc-bronx-sofanypp46

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Boriken Neighborhood Health Center	212-289-6650	2265 Third Ave New York, NY 10035 info@boriken.org	Senior Center that provides nutritional meals and wellness activities. https://www.boriken.org/en/services/senior-nutrition-program/
Bronxworks	646-393-4000	60 E. Tremont Ave Bronx, NY 10453	Feed, shelter, teach and support neighbors to build a stronger Bronx community. https://bronxworks.org/
Brookdale Battery Park City	917-730-8794	455 North End Ave New York, NY 10282	SAGECare Certified (Platinum, 2021) senior services center which includes assisted living, skilled nursing, retirement communities, and home health care. http://brookdalebatteryparkcity.com/
Brooklyn Chinese-American Association 6th Ave Senior Center	718-567-9311	60th Street Brooklyn, NY 11220	Provides services such as meals, educational classes and activities and case assistance, information, and referrals to older adults. https://www.bca.net/eng/sixth.html

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Brooklyn Community Pride Center	347-889-7719	1360 Fulton Street Ground Floor Brooklyn, NY 11216 1561 Bedford Ave Suite Ground A Brooklyn, NY 11225	LGBTQ+ community center that provides programs, events and information services. https://lgbtbrooklyn.org/
Callen-Lorde Community Health Center	212-271-7200	356 West 18th Street New York, NY 10011	Health care and health-related services for LGBTQ+ people of all ages. www.callen-lorde.org
Carter Burden Network	212-879-7400	415 East 73rd Street New York, NY 10021 contactus@carterburdennetwork.org	SAGECare Certified (Bronze, 2021) provider of programs and services for older New Yorkers through senior centers, social services, arts and culture, and advocacy. http://carterburdennetwork.org/
CCNS Northside Senior Center	718-387-2316	179 North 6th Street Brooklyn, NY 11211	Senior Center that provides meals and activities to older adults.

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Charles B. Wang Community Health Center	212-379-6988	268 Canal St New York, NY 10013	Federally qualified health center offering comprehensive primary care services to all. www.cbwchc.org
Commonpoint Queens	718-268-5011 718-268-5057 718-225-6750 718-423-6111	67-09 108th Street Forrest Hills, NY 11375 77-17 Queens Blvd. Elmhurst, NY 11373 58-20 Little Neck Pkwy Little Neck, NY 11362 212-00 23rd Ave Bayside, NY 11360	Provides four older adult centers, three naturally occurring retirement communities, exercise classes, dementia care programs and support groups all carefully designed for the needs of older adults. https://www.commonpointqueens.org/
Destination Tomorrow	646-723-3325	452 East 149th Street Bronx, NY 10455 destubatuib@thetasc_group.com	The Bronx LGBTQ Center is a grassroots agency providing services and supports for all ages. http://destinationtomorrow.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Deva Physical Therapy	347-850-3382	322 W 52nd St. Suite 1496 New York, NY 10019 devaphysicaltherapy@gmail.com	SAGECare Certified (Platinum, 2021) in-home physical therapy services for all ages. http://devaphysiicaltherapy.com/
Dorchester Senior Citizens Center	718-941-6700	1419 Dorchester Road Brooklyn, NY 11226 dorchesterlife@optonline.net	Serves lunches, and provides educational, recreational, cultural and health-promotion activities for older adults. http://dorchesterseniors.blogspot.com/
DOROT	212-769-2850	171 West 85th Street New York, NY 10024	SAGECare Certified (Platinum, 2022) provider of volunteer companions for otherwise socially isolated seniors through one-on-one visits and group programs. http://dorotusa.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Florence E Smith Senior Services	929-380-5491	102-19 34th Ave Corona, NY 11368 dbarbes@fesscenter.org	Senior Center and Meals on Wheels program. https://www.fesscenter.org/
Fort Greene Council, Inc.	917-474-5456	966 Fulton Street Brooklyn NY, 11238	Provides quality programming and human service care that encourages and embraces seniors in a challenging, nurturing, and supportive environment. https://www.fortgreencouncil.org/
Frey Eldercare Inc.	646-864-4745	sfrey@freyeldercare.com	SAGECare Certified (Bronze 2017) provider for geriatric care management. http://www.freyeldercare.com/
Gay Men of African Descent (GMAD)	n/a	44 Court Street Brooklyn, NY 11201	Provides training and resources for LGBTQ+ male-identifying people of color. www.gmad.org

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Gay Men's Health Center	212-367-1000	307 West 38th Street New York, NY 10018 info@gmhc.org	Services, supports, and resources for long-term survivors of HIV/AIDS with specific, targeted services for individuals 50+. http://www.gmhc.org/communities/older-adults/
God's Love We Deliver	212-294-8100	166 Avenue of the Americas New York, NY 10013 info@glwd.org	Provides food and nutrition services to individuals who, because of chronic disease and severe illness, are unable to shop or cook for themselves. https://www.glwd.org/
Great Kills Older Adult Center	718-356-5050	11 Sampson Ave Staten Island, NY 10308	Provides socialization and nutrition programs to older adults. https://www.statenislandfriendshipclubs.com/
GRIOT Circle – a gathering of Elders	718-246-2775	P.O. Box 26451 Brooklyn, NY 11202 Reunion@griotcircle.org	GRIOT Circle is a community-based, multigenerational organization serving LGBTQ elders of color. https://griotcircle.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Harlem Community Pride Center	347-846-0362	42 Macombs Place New York, NY 10039 info@harlempride.org	Pride Center hosts community forums, events, and social supports for all ages. http://harlempride.org/
HealthSense	646-241-3463	admin@health-sense.org	SAGECare Certified (Bronze, 2017) provider for care management, home care, and memory care. http://www.health-sense.org/
Hispanic AIDS Forum, Inc.	718-328-4188	975 Kelly St, Suite 201 Bronx, NY 10459 hafinfo@hafnyc.org	HAF's mission is to improve health outcomes for Latinos in New York City who are affected by HIV and other chronic illnesses. www.hafnyc.org

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Hudson Guild Elliot Center	212-760-9800	441 W 26th Street New York, NY 10001	Empowers older adults to achieve their highest potential while maintaining a priority focus on those in economic need. http://hudsonguild.org/
Inspired Memory Care	917-705-8260	130 Water Street 3B New York, NY 10005	SAGECare Certified (Platinum, 2021) provider of consulting and training services to support care teams for inspired memory care for people living with dementia. http://inspiredmemorycare.com/
Jamaica Service Program for Older Adults, Inc. – Theodora G. Jackson Adult Center	718-657-6500	92-47 165th Street Jamaica, NY 11433	SAGECare Certified (Bronze, 2016) organization providing seniors residing in Queens County with service centers. http://jspoa.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Karpoff Affiliates – Moving On NYC	212-358-8044	290 Third Ave Ste 26C New York, NY 10010 mkarpoff@karpoffaffiliates.com	SAGECare Certified (Bronze, 2016) senior move managers for counseling on home modification or assistance in what to do when individuals can no longer live at home. http://karpoffaffiliates.com/
Lantern Community Services	212-398-3073	494 8th Ave. 20th floor New York, NY 10001	SAGECare Certified (Platinum, 2016) provider for people of all ages who are threatened with or impacted by homelessness including affordable housing and programs to support independence. http://lanterncommunity.org/
Lenox Hill Neighborhood House	212-744-5022	331 E 70th Street New York, NY 10021	Provides an extensive array of effective and integrated human services to older adults. https://www.lenoxhill.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Maspeth Town Hall	718-335-6049	53-37 72nd Street Maspeth, NY 11378	Maspeth Town Hall is now a thriving multi-generational community center providing a variety of services www.maspethtownhall.org
Methodist Home for Nursing and Rehabilitation	718-548-5100	4499 Manhattan College Parkway Riverdale, NY 10471	SAGECare Certified (Gold, 2022) provider for skilled nursing and rehabilitation. http://methodisthome.org/
MJHS Hospice and Palliative Care	855-692-5058	6323 7th Ave Brooklyn, NY 11220	SAGECare Certified (Platinum, 2022) provider for hospice and palliative care across NYC. http://mjhs.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Nachas Health and Family Network	718-436-7373	1310 48th Street Brooklyn, NY 11219	Provides social services and aides older adults through the process of tapping into government assistance. https://www.nachashealth.org/index.html
Neighborhood SHOPP	347-862-5200	975 Kelly Street Suite 301 Bronx, NY 10473 info@nshopp.org	Offers programs that empower older persons through knowledge, support, stimulation, and motivation. https://nshopp.org/
New York Transgender Advocacy Group	848-272-1039	215 W 125th Street Suite 2 New York, NY 10027	Advocates for more inclusive genderbased policies that benefit transgender and gender nonconforming/non-binary individuals through building community leaders, educating practitioners, and influencing policymakers. https://www.nytag.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
NIA Community Services Network	718-236-5266	6614 11th Ave, Brooklyn, NY 11219	NIA provides older adults with support and assistance accessing social services, socialization events, healthy living information and activities, along with referral services. https://www.niabklyn.org
Northeast Bronx Senior Citizens, Inc.	718-828-6090	2968 Bruckner Blvd. Bronx, NY 10465	Provides meals and activities for older adults. https://stbenedictchurchny.org/northeast-bronx-senior-center
NY Connects Manhattan	212-962-2720	11 Park Place Suite 1110 New York, NY 10007	SAGECare Certified (Platinum, 2021) hub for local resources. http://www.nyconnects.ny.gov
Project Find	212-501-8966	141 W 73rd Street #10 New York, NY 10023	Provides older adults with the services and supports they need to live enriched, independent lives on Manhattan's West side. https://www.projectfind.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Prospect Hill Senior Services Center	718-499-9574	283 Prospect Ave. Brooklyn, NY 11215 info@phssonline.org	Offers a wide variety of programs for older adults. https://stjme.org/prospect-hill-seniorservices-center/
Queens Community House – Generation Q	718-892-5757 ext. 450	92-17 165th Street Queens, NY 11433 info@qchnyc.org	LGBTQ+ Center for all ages providing services, supports, and advocacy. http://www.qchnyc.org/
Queens LGBT Center (Q Center)	718-514-2155	35-11 35th Avenue, Astoria, NY 11106	A home and voice for LGBT people, their families, and support system in Long Island and Queens. https://lgbtnetwork.org/
Queens Pride House	718-429-5309	76-11 37th Ave, Ste 206 New York, NY 11372	LGBTQ+ Center providing services and supports for area residents including health referrals, advocacy, and raising awareness about public health issues. http://www.facebook.com/queenspridehouse/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
RAIN	718-892-5520	811 Morris Park Ave Bronx, NY 10462 info@raininc.org	Aims to enhance the well-being and quality of life for those in need by meeting the interim needs of people of all ages. https://www.raininc.org/
Rainbow Heights Club	718-852-2584	25 Elm Place, 6th Floor Brooklyn, NY 11201 info@rainbowheights.org	Support and advocacy program for lesbian, gay, bisexual, and transgender consumers of mental health services. https://www.rainbowheights.org/
Renewal Memory Partners	877-544-8161	555 Madison Ave, Floor 5 New York, NY 10022	SAGECare Certified (Platinum, 2020 & 2021) provider of concierge, specialty home care services to clients living with neurocognitive health challenges. http://renewalmemory.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Right at Home of Lower Manhattan	646-480-4930	30 Broad Street 14th Floor, Suite 1439 New York, NY 10004	SAGECare Certified (Bronze, 2017) provider for in-home care and assistance for the elderly including companion care, personal care, and specialty care. http://www.rightathome.net/
RiseBoro Community Partnership	718-821-0254	555 Bushwick Ave Brooklyn, NY 11206 info@riseboro.org	RiseBoro is a multiservice community organization providing senior services, education, housing empowerment and health throughout NYC. https://riseboro.org/
RiverSpring Health Hebrew Home at Riverdale	1-800-56-SENIOR	5901 Palisade Ave Riverdale, NY 10471	SAGECare Certified (Bronze, 2016) senior living offering managed home care, assisted living, independent living communities, skilled nursing and rehabilitation. http://www.riverspringhealth.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
SAGE USA	212-741-2247	305 7th Avenue 15th Floor New York, NY 10001	Provides advocacy services and support to older members of the LGBTQ+ community. www.sageusa.org
Seaside Senior Center	718-722-6001	191 Joralemon Street Brooklyn, NY 11201 91-14 Merrick Blvd. 6th Floor Jamaica, NY 11432	Day program for older adults that provides lunch, health and wellness education, exercise, and games. https://www.ccbq.org/
Shorefront	718-646-1444	3300 Coney Island Ave Brooklyn, NY 11235 info@shorefrontny.org	Provides integrated services to older adults residing in the designated area in the Brighton Beach community. https://www.shorefrontny.org/seniorliving
SilverBills	800-825-1924	300 West 57th Street 40th Floor New York, NY 10019	SAGECare Certified (Platinum, 2021) provider for concierge bill and accounts management. http://silverbills.com/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Staten Island Center for Independent Living	718-720-9016	470 Castleton Ave Staten Island, NY 10301	<p>Provides individuals with disabilities the information, life skills training, and facilitative assistance to have them be independent and integrated in their own community.</p> <p>https://www.siciliving.org/</p>
Staten Island LGBT Community Center	718-808-1360	25 Victory Blvd., 3rd fl. Staten Island, NY 10301	<p>SAGE-Staten Island works to encourage a greater understanding of the rights and needs of LGBTQ+ elders. PCSI's program in conjunction with SAGE, helps LGBTQ+ elders enjoy healthy, active aging in their community. We include intergenerational programming as well.</p> <p>https://www.pridecentersi.org/</p>
Stein Senior Center	646-395-6083	<p>204 East 23rd Street 2nd Floor New York, NY 10010</p> <p>reception@steinseniorcenter.org</p>	<p>Older Adult Center that provides programs, resources and other services to people ages 60+.</p> <p>https://www.steinseniorcenter.org/</p>

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
Stonewall Community Development Corporation	929-209 4070 ext. 104	276 First Ave, Suite 8G New York, NY 10009 info@stonewallcdc.org	LGBTQ competent housing, healthcare and aging in place assistance. www.stonewallvillagenyc.org
Sylvia Rivera Law Project	212-337-8550	147 W 24th Street 5th Floor New York, NY 10011	Social Justice and legal advocacy organization aimed at collective action for the rights of people at the intersections of race, gender identity and expression, sexual orientation and more. www.srlp.org
The Campaign Against Hunger	718-773-3551	2010 Fulton Street Brooklyn, NY 11233 info@tcahnyc.org	One of the largest emergency food distribution organizations within NYC. https://www.tcahnyc.org/
The LGBT Community Center	212-620-7310	208 W 13th Street New York, NY 10011	Empowers the LGBTQ community in NYC to lead healthy successful lives. https://gaycenter.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
The New Jewish Home	800-544-0304	120 West 106th St. New York, NY 10025	<p>SAGECare Certified (Gold, 2021) provider of comprehensive health and rehabilitation care to meet the needs of people as they age.</p> <p>http://jewishhome.org/</p>
The Pride Center of Staten Island	718-808-1360	66 Willow Ave. Suite 202 SI, NY 10305	<p>SAGE-Staten Island works to encourage a greater understanding of the rights and needs of LGBTQ+ elders. PCSI's program in conjunction with SAGE, helps LGBTQ+ elders enjoy healthy, active aging in their community. We include intergenerational programming as well.</p> <p>https://www.pridecentersi.org/</p>
Transgender Legal Defense and Education Fund	646-862-9396	<p>520 8th Ave Suite 2204 New York, NY 10018</p> <p>communications@transgenderlegal.org</p>	<p>Non-profit organization whose mission is to end discrimination and achieve equality for transgender people and particularly for people who are multiply marginalized.</p> <p>www.transgenderlegal.org</p>

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
The New Jewish Home	800-544-0304	120 West 106th St. New York, NY 10025	<p>SAGECare Certified (Gold, 2017-2024) provider of comprehensive health and rehabilitation care to meet the needs of people as they age.</p> <p>http://jewishhome.org/</p>
The Pride Center of Staten Island	718-808-1360	66 Willow Ave. Suite 202 SI, NY 10305	<p>SAGE-Staten Island works to encourage a greater understanding of the rights and needs of LGBTQ+ elders. PCSI's program in conjunction with SAGE, helps LGBTQ+ elders enjoy healthy, active aging in their community. We include intergenerational programming as well.</p> <p>https://www.pridecentersi.org/</p>
Transgender Legal Defense and Education Fund	646-862-9396	<p>520 8th Ave Suite 2204 New York, NY 10018</p> <p>communications@transgenderlegal.org</p>	<p>Non-profit organization whose mission is to end discrimination and achieve equality for transgender people and particularly for people who are multiply marginalized.</p> <p>www.transgenderlegal.org</p>

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
United Senior Citizen of Sunset Park, Inc.	718-439-8646	475 53rd St #3, Brooklyn, NY 11220 Grisel Amador griselamador@hotmail.com	Provides congregate meals, activities, and recreation, information and referrals, and health screenings for residents 60 and older. Languages spoke at the center include Spanish, Chinese, Arabic, and English. https://www.nyconnects.ny.gov/services/united-neighborhood-seniorcitizens-center-sofanyp2032
University Settlement	Online Resource	n/a	Partners with New Yorkers and communities to pioneer highly effective programs that fight poverty and systemic inequality. https://www.universitysettlement.org/
VillageCare Rehabilitation and Nursing Center	877-822-7369	120 Broadway Suite 2840 New York, NY 10271	SAGECare Certified (Platinum, 2018) community-based provider for people with chronic care needs. http://villagecare.org/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
VISIONS Service for the Blind	212-625-1616	500 Greenwich St. New York, NY 10013 info@lshv.org	Provide training and support to legally blind individuals and operate the only senior center for legally blind New Yorkers. www.visionsvcb.org
VNS Health	800-675-0391	220 East 42nd Street New York, NY 10017 Arthur.Fitting@vnshealth.org	SAGECare Certified (Platinum, 2023) Home Healthcare, Hospice, Behavioral Health and Personal Care Services www.vnshealth.org
Weissman Wellness	212-920-5967	n/a JYWeissman@Weissmanwellness.com	SAGECare Certified (Platinum, 2019,2020, 2021) provider for comprehensive geriatric care management comprised of a team of master’s-level social workers. http://www.weissmanwellness.com/

NYC Service Provider	Phone Number	Address & E-mail	Description & Website
West Side Federation	212-721-6032	2345 Broadway New York, NY 10024 info@wsfssh.org	Provides housing that meets the diverse needs of older people and persons living with special needs. https://www.wsfssh.org/
Young Israel Senior Services of Midwood	718-253-7800	1694 Ocean Ave Brooklyn, NY 11230 yissofmidwood@gmail.com	Senior Center that serves meals and provides programming for older adults. https://www.nycservice.org/organizations/index.php?org_id=1706

Nassau County Service Provider	Phone Number	Address & E-mail	Description & Website
Hispanic Brotherhood Inc	516-766-6610	59 Clinton Ave. Rockville Centre NY 11570 Hispanicrvc@aol.com	Provides a wide range of resettlement services, an after-school childcare and tutorial program, and the Hispanic brotherhood senior citizens club. https://www.hispanicbrotherhood.org/
Nassau Suffolk Law Services	516-292-8100	1 Helen Keller Way 5th Floor Hempstead, NY 11550	Provides legal assistance in civil matters to low income, disabled and disadvantaged persons. https://www.nslawservices.org/
Long Island Center for Independent Living	516-796-0144	3601 Hempstead Tpke. Suite 208 & 500 Levittown, NY 11756 licil@aol.com	Promotes empowerment through education, information and rallying behind issues that directly impact the daily lives of persons with disabilities. https://licilinc.org/

Nassau County Service Provider	Phone Number	Address & E-mail	Description & Website
Nassau County Office for the Aging	516-227-8900	60 Charles Lindbergh Blvd. Uniondale, NY 11553 seniors@hhsnassaucountyny.us	Empowers older persons to live more independently communitywide. https://www.nassaucountyny.gov/1438/Aging
The Hamlet Rehabilitation and Healthcare Center at Nesconset	631-361-8800	100 Southern Blvd. Nesconset, NY 11767	SAGECare Certified (Platinum, 2016) provider for in-patient subacute rehabilitation and skilled nursing services. https://hamletrehab.com/
Surrogate Family Care	516-205-6133	1300 Jericho Tpke. Hyde Park, NY 11040 info@surrogatefamilycare.com	SAGECare Certified (Platinum, 2020, 2022) provider of personal care, therapeutic services, companion care, and homemaking services for seniors. http://www.surrogatefamilycare.com/

Nassau County Service Provider	Phone Number	Address & E-mail	Description & Website
PFY	516-679-9000	2050 Bellmore Avenue Bellmore NY 11710 628 Long Island Avenue Deer Park NY 11729 akaplan@liccpfy.org	Our mission is to enhance the health and wellness of the LGBTQ+ community through education, supportive services and personal development in Nassau, Suffolk and Queens Counties. https://www.liccpfy.org/

Suffolk County Service Provider	Phone Number	Address & E-mail	Description & Website
LGBT New York	<p>Sag Harbor 631-899-4950</p> <p>Bay Shore 516-323-0011</p> <p>Hauppauge 631-665-2300</p>	<p>44 Union Street Sag Harbor, NY 11963</p> <p>34 Park Ave. Bay Shore, NY 11706</p> <p>125 Kennedy Drive Suite 100 Hauppauge, NY 11788</p>	<p>A home and voice for LGBT people, their families, and support system in Long Island and Queens.</p> <p>https://lgbtnetwork.org/</p>
Nassau Suffolk Law Services	<p>631-232-2400</p> <p>631-369-1112</p>	<p>1757 Veterans Highway Suite 50 Islandia, NY 11749</p> <p>400 West Main Street Suite 200 Riverhead, NY 11901</p>	<p>Provides legal assistance in civil matters to low-income, disabled and disadvantaged persons.</p> <p>https://www.nslawservices.org/</p>
Suffolk County Office for the Aging	631-853-8200	100 Veterans Memorial Highway Hauppauge, NY 11788	Assists persons 60 years of age and older in maintaining maximum independence and dignity, to remove barriers to economic and personal independence, and to provide a

Suffolk County Service Provider	Phone Number	Address & E-mail	Description & Website
			<p>continuum of care for the vulnerable elderly.</p> <p>https://suffolkcountyny.gov/aging</p>
RSVP Suffolk County NY	631-979-9490	811 West Jericho Turnpike Suite 103W Smithtown, NY 11787	<p>RSVP provides programs to assist older adults in taking charge of the chronic conditions they may have and making informed health insurance choices.</p> <p>https://www.rsvpsuffolk.org/</p>
Town of East Hampton	631-329-6939	128 Springs Fireplace Road East Hampton, NY 11937	<p>Provides services to older adults in the town of East Hampton.</p> <p>https://www.ehamptonny.gov/254/Human-Services</p>

Suffolk County Service Provider	Phone Number	Address & E-mail	Description & Website
Suffolk County Independent Living Organization	631-880-7929	3253 Route 112 Building 10 Medford, NY 11763 info@siloinc.org	Provides information, assistance, and services to older adults. https://www.siloinc.org/
Suffolk Y JCC	631-462-9800	74 Hauppauge Road Commack, NY 11725 info@syjcc.org	Community center with programs/services for older adults including senior center, social workers, information and referral, support groups, classes, social activities, educational programs, Jewish holiday celebrations, fitness center and pool, one NNORC, social clubs, pantry, and kosher congregate meal site. https://syjcc.org/
PFY	516-679-9000	2050 Bellmore Avenue Bellmore NY 11710 628 Long Island Avenue Deer Park NY 11729	Our mission is to enhance the health and wellness of the LGBTQ+ community through education, supportive services and personal

Suffolk County Service Provider	Phone Number	Address & E-mail	Description & Website
		akaplan@liccpfy.org	<p>development in Nassau, Suffolk and Queens Counties.</p> <p>https://www.liccpfy.org/</p>
Family Service League	631-427-3700	<p>790 Park Avenue Huntington, NY 11743</p> <p>restorehope@fsl-li.org</p>	<p>Helps individuals and families who are experiencing social, emotional, or economic problems through a network of preventive, crisis, therapeutic, advocacy, and educational services that address some of the most prevalent and pressing human needs. Service areas include mental health; integrated care and addiction; housing and homelessness; early childhood education and at-risk youth; family support; education and employment; senior and caregiver support; and crisis and trauma intervention and postvention.</p> <p>www.fsl-li.org</p>

Suffolk County Service Provider	Phone Number	Address & E-mail	Description & Website
Alzheimer's Association Long Island Chapter	631-629-6950 24/7 Helpline: 800-272-3900	300 Broadhollow Road, Suite LL100 Melville, NY 11747	SAGECare Certified (Platinum, 2016) Alzheimer's services and supports. http://www.alz.org/longisland/

Mid Hudson

Dutchess, Orange, Putman, Rockland, Sullivan, Ulster, and Westchester Counties

Dutchess County Service Provider	Phone Number	Address & E-mail	Description & Website
Alzheimer's Association Hudson Valley	845-471-2655	2649 South Rd Suite 101 Poughkeepsie, NY 12601 HUDSONVALLEYINFO@ALZ.ORG	SAGECare Certified (Platinum, 2016 provider of Alzheimer's support, research, and resources https://www.alz.org/hudsonvalley
Parker Jewish Institute	718-289-2100	271-11 76th Ave New Hyde Park, NY 11040	Long term care health system. https://parkerinstitute.org/

Orange County Service Provider	Phone Number	Address & E-mail	Description & Website
Action Toward Independence	845-343-4284	126 Seward Ave Middletown, Ny 10940 ati@atitoday.org	Promotes independence, inclusion, participation, and personal choice of individuals with disabilities. https://www.atitoday.org/
Orange County Office for the Aging	845-615-3700	40 Matthews Street 3rd Floor – Suite 305 Goshen, NY 10924 ofa@orangecountygov.com	Provides services and programs to meet the needs of older adults and their families who care for them. https://www.orangecountygov.com/151/Aging

Putnam County Service Provider	Phone Number	Address & E-mail	Description & Website
Putnam Pride	n/a	putnamnypride@gmail.com	Putnam Pride is a grassroots organization dedicated to building a welcoming community for queer people of all ages to gather and celebrate in Putnam County. https://putnampride.com/about/

Rockland County Service Provider	Phone Number	Address & E-mail	Description & Website
Centro De Amigos	845-287-4908	91 Broadway Haverstraw, NY 10927	Collaborate with local leaders, healthcare organizations, providers, caregivers, and universities to ensure that all communities have healthcare resources. https://centrodeamigos.com/

Rockland County Service Provider	Phone Number	Address & E-mail	Description & Website
Rockland County Pride Center	845-353-6300	28 S. Franklin Street Nyack, NY 10960	Supports and celebrates the LGBTQ+ community, challenges stereotypes and practices that adversely impact LGBTQ+ people. https://rocklandpridecenter.org/
People to People	845-623-4900	121 West Nyack Road Nanuet, NY 10954 info@peopletopeopleinc.org	Hunger relief organization that partners with nonprofit organizations to assure the most vulnerable populations get the assistance they need. https://www.peopletopeopleinc.org/about_us

Sullivan County Service Provider	Phone Number	Address & E-mail	Description & Website
Sullivan County Office for the Aging	845-794-3000	100 North Street PO Box 5012 Monticello, NY 12701	Advocates for the older population in Sullivan County. Provides services and programs for older adults. https://sullivanny.us/Departments/Aging
Action Toward Independence	845-794-4228	309 E. Broadway Suite A Monticello, NY 12701 ati@atitoday.org	Promotes independence, inclusion, participation and personal choice of individuals with disabilities. https://www.atitoday.org/

Ulster County Service Provider	Phone Number	Address & E-mail	Description & Website
Hudson Valley LGBTQ Community Center	845-331-5300	300 Wall Street Kingston, NY 12401	Strengthen, support, and celebrate our diverse LGBTQ+ community in achieving its fullest potential and creating a more equitable world. www.lgbtqcenter.org
Ulster County Office for the Aging	845-340-3456 877-914-3456	1003 Development Court Kingston, NY 12401	SAGE Care Certified (Bronze, 2023) Assists and empowers older adults and their families to live as independently as possible, with dignity and purpose. https://ulstercountyny.gov/aging/
Legal Services of the Hudson Valley	877-574-8529	550 Aaron Ct. Kingston, NY 12401 info@lshv.org	Legal Services of the Hudson Valley provides free civil legal services in a wide range of cases including housing, foreclosure, family law, disability, public benefits, domestic violence, and other civil legal matters. www.lshv.org

Westchester County Service Provider	Phone Number	Address & E-mail	Description & Website
The Loft Community Center	914-948-2932	252 Bryant Ave White Plains, NY 10605 info@loftgaycenter.org	<p>The LOFT LGBTQ+ Community Center is a non-profit institution that provides a range of services for the LGBTQ+ Community in Westchester County, NY, and the Lower Hudson Valley Region. The LOFT offers both in-person, virtual, and hybrid services, support groups, social activities, and special events like Westchester Pride, The Hudson Valley TransForum, and also runs The Trans Support of The Hudson Valley (TSHV), a program designed to assist and empower TGNCNB Communities across the lower Hudson Valley region.</p> <p>https://www.loftgaycenter.org/</p>

Westchester County Service Provider	Phone Number	Address & E-mail	Description & Website
City of Peekskill	914-737-3400	840 Main Street Peekskill, NY 10566	<p>Offers onsite and homebound meal delivery services, socialization opportunities, community engagement experiences, and support services for older adults.</p> <p>https://www.cityofpeekskill.com/</p>
Yonkers NNORC	914-391-1323	435 Riverdale Ave Yonkers, NY 10705	<p>Provides a wide range of activities and programs to help older adults age comfortably in their homes.</p> <p>https://www.yonkersny.gov/government/departments/office-for-theaging/yonkers-neighborhoodnaturally-occurring-retirementcommunity-nnorc</p>
Westchester Disabled on the Move	914-968-4717	984 North Broadway Suite 400 Yonkers, NY 10701	<p>Dedicated to helping individuals with disabilities have equal rights.</p> <p>https://wdom.org/</p>

Westchester County Service Provider	Phone Number	Address & E-mail	Description & Website
Broadview Senior Living at Purchase College	914-627-9011	6 International Drive Suite 120 Rye Brook, NY 10573	SAGECare Certified (Platinum, 2021) senior living community. http://www.broadviewseniorliving.org/
The Hoarding Disorder Resource and Training Group	n/a	abpadanp@yahoo.com	SAGECare Certified (Bronze, 2016) provider for hoarding disorder treatment. http://hoardingdisordergroup.education/
Mosaic of Westchester	914-328-7001	925 Westchester Ave Suite 200 White Plains, NY 10604	SAGECare Certified (Platinum, 2016) LGBTQ+ committee under Westchester Jewish Council providing faith-based services to the Jewish community. http://wjcouncil.org/

Westchester County Service Provider	Phone Number	Address & E-mail	Description & Website
The Lutheran Care Network	914-365-6365	700 White Plains Rd Suite 377 Scarsdale, NY 10583 infor@tlcn.org	SAGECare Certified (Platinum, 2016) provider of faith services in the home or residential care facilities. http://www.tlcn.org/

Mohawk Valley

Herkimer, Fulton, Montgomery, Oneida, Otsego, and Schoharie Counties

Herkimer County Service Provider	Phone Number	Address & E-mail	Description & Website
Little Falls Community Outreach	None Available	PO Box 819, Little Falls, New York 13365, United States lfcommunityoutreach@gmail.com	Providing support to the community of Little Falls through various programs for disadvantaged children, seniors, LBGTQ+ teens and families. http://www.lfcommunityoutreach.com/

Fulton County Service Provider	Phone Number	Address & E-mail	Description & Website
Centro Civico of Amsterdam	518-842-3762 x 228	143 E Main Street Amsterdam, NY 12010	HIV Focus Group (For HIV-Positive people only) in Fulton and Montgomery Counties https://www.iber.org/centrocivico/

Fulton County Service Provider	Phone Number	Address & E-mail	Description & Website
Mental Health Association - LGBT Resource Center	518-762-5332 x111	307-309 Meadow Street Johnstown, NY 12095	The Resource Center is a safe and supportive environment for Lesbian, Gay, Bisexual, Transgender and Questioning individuals, their family and friends to obtain information, education and service referrals in Montgomery and Fulton Counties and the Capital District.

Montgomery County Service Provider	Phone Number	Address & E-mail	Description & Website
Mental Health Association - LGBT Resource Center	518-762-5332 ext. 111.	307-309 Meadow Street Johnstown, NY 12095	The Resource Center is a safe and supportive environment for Lesbian, Gay, Bisexual, Transgender and Questioning individuals, their family and friends to obtain information, education and service referrals in Montgomery and Fulton Counties and the Capital District. There is a peer specialist available to provide assistance as needed.

Montgomery County Service Provider	Phone Number	Address & E-mail	Description & Website
Centro Civico of Amsterdam	518-842-3762 x 228	143 E Main Street Amsterdam, NY 12010	HIV Focus Group (For HIV-Positive people only) in Fulton and Montgomery Counties https://www.iber.org/centrocivico/

Oneida County Service Provider	Phone Number	Address & E-mail	Description & Website
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck the first Saturday of the month at 2pm in Utica at the Unitarian Church at 10 Higby Rd Utica NY for older LGBTQ+ adults. A walking group meets the second and fourth Saturday of the month at Sangertown Mall. www.sageupstate.org

Oneida County Service Provider	Phone Number	Address & E-mail	Description & Website
LIFE at RCIL	315-797-4642	131 Genesee Street P.O. Box 210 Utica, NY 13503-0210 ialexander@rcil.com	Ensures a fully accessible, integrated society that enables full participation by people with disabilities. https://www.rcil.com/

Otsego County Service Provider	Phone Number	Address & E-mail	Description & Website
Otsego Rural Housing Assistance	607-286-7244	140 County Hwy. 33W Cooperstown, NY 13326 ORHA@stny.rr.com	Administers grant-funded housing assistance to low-income households in Otsego County, with special reference to seniors and those with disabilities. https://otsegoruralhousing.org/

Otsego County Service Provider	Phone Number	Address & E-mail	Description & Website
Otsego County Office for the Aging	607-547-4232	140 County Hwy 33W, Suite 5 Cooperstown, NY 13326	<p>Assists older adults and caregivers by providing services and supports to help them live in their community independently.</p> <p>https://www.otsegocounty.com/departments/office_for_the_aging/index.php</p>
Susquehanna Family Practice and Gender Wellness Center	607-431-5757	Fox Care Center Suite 103 5432 State Highway 7 Oneonta, NY 13820	<p>The Gender Wellness Center at Susquehanna Family Practice offers services tailored to meet the needs of gender nonconforming patients. The caring and professional staff has advanced training in providing health and psychological services to the transgender community.</p> <p>https://www.bassett.org/locations/susquehanna-family-practice-and-gender-wellness-center</p>

Schoharie County Service Provider	Phone Number	Address & E-mail	Description & Website
Schoharie County Office for the Aging	518-295-2001	113 Park Place Suite 3 Schoharie, NY 12157	<p>The Schoharie County Office for the Aging assists and advocates for our county's residents aged sixty years and older, and their caregivers, through programs and services designed to promote health, safety, dignity and independence.</p> <p>https://www4.schohariecounty-ny.gov/departments/ofa/</p>

North Country

Clinton, Essex, Franklin, Hamilton, Jefferson, Lewis, and St. Lawrence Counties

Clinton County Service Provider	Phone Number	Address & E-mail	Description & Website
Clinton County Office for the Aging	518-565-4620	135 Margaret Street Suite 105 Plattsburgh, NY 12901 aging@clintoncountyny.gov	SAGECare Certification (Bronze, 2020, 2021) Provides health and wellness, housing, nutrition, transportation, and other services to older adults. https://www.clintoncountygov.com/Departments/Aging/OFA-Home.html
SENIORS Helping SENIORS®	315-405-4950	156 Chestnut St. Watertown, NY 13601 dianne@shsnny.com	SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers. The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians. https://seniorshelpingseniors.com/

Essex County Service Provider	Phone Number	Address & E-mail	Description & Website
Adirondack North Country Gender Alliance	518- 637-7253	PO Box 1113 Saranac Lake, NY 12983 ancga@outlook.com	A safe space and environment for LGBTQI-Lesbian, Gay, Bisexual, Transgender, Gender Queer/Nonconforming, Intersex youth, adults, family members and allies.
SENIORS Helping SENIORS®	315-405-4950	156 Chestnut St. Watertown, NY 13601 dianne@shsny.com	SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers. The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians. https://seniorshelpingseniors.com/

Franklin County Service Provider	Phone Number	Address & E-mail	Description & Website
Franklin County Office for the Aging	518-481-1526 518-481-1660	355 West Main Street, 3rd Malone, NY 12953 frankofa@franklincony.org	Promotes independence and dignity for all people 60+ by providing information and assistance and a variety of related support services. https://www.franklincountyny.gov/departments/human_services/office_for_the_aging/index.php
SENIORS Helping SENIORS®	315-405-4950	156 Chestnut St. Watertown, NY 13601 dianne@shsnny.com	SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers. The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians. https://seniorshelpingseniors.com/

Hamilton County Service Provider	Phone Number	Address & E-mail	Description & Website
Adirondack Health Institute	518-480-0111	100 Glen Street, Suite 1A Glens Falls, NY 12801	<p>A non-profit organization supporting community-based organizations and health care providers in supporting older adults and others in our region to transform health care and improve population health.</p> <p>https://ahihealth.org/resources-forsupporting-lgbtq/</p>
Warren/Hamilton Counties Office for the Aging	518-761-6347	1340 State Route 9 First Floor – Human Services Building Lake George, NY 12845	<p>SAGECare Certified (Bronze 2023). The Office for the Aging serves the over age 60 population of the County, assisting them to access services and address their needs. This includes services that help them remain independent, prevent premature institutionalization, relieve isolation and loneliness, and improve their quality of life and health.</p> <p>https://www.warrencountyny.gov/ofa</p>

Jefferson County Service Provider	Phone Number	Address & E-mail	Description & Website
Volunteer Transportation Center	315-788-0422	24685 Route 37 Watertown, NY 13601 infor@volunteertransportation.org	Provides nonemergent transportation to those in rural areas who have no access to critical healthcare and food options. https://volunteertransportationcenter.org/
Jefferson County Office for the Aging	315-785-3191	175 Arsenal Street Watertown, NY 13061	Provides advocacy, services, and programs to older adults to help them remain as independent for as possible for as long as possible. https://co.jefferson.ny.us/departments/OfficefortheAging
Watertown NY Pride	n/a	P.O. Box 132 Watertown, NY nnyprideinc@gmail.com	Organizes annual events in Jefferson County during June for LGBTQ Pride Month and is committed to connecting community members to each other. www.watertownpride.org

Jefferson County Service Provider	Phone Number	Address & E-mail	Description & Website
SENIORS Helping SENIORS®	315-405-4950	156 Chestnut St. Watertown, NY 13601 dianne@shsnny.com	<p>SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers. The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians.</p> <p>https://seniorshelpingseniors.com/</p>
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	<p>Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck dinner the 3rd Sunday of every month at 2pm at Trinity Methodist Church 45 E Utica in Oswego, NY for older LGBTQ+ adults.</p> <p>www.sageupstate.org</p>

Lewis County Service Provider	Phone Number	Address & E-mail	Description & Website
Lewis County Office for the Aging	315-376-5313	5274 Outer Stowe St Lowville, NY 13367 ofa@lewiscounty.ny.gov	(SAGE Care Certification Bronze 2016, 2021, 2023, 2024) The Lewis County Office for the Aging promotes the well-being of the older adults of Lewis County through coordinated services that enhance their independence, dignity, and quality of life. https://www.lewiscountyny.gov/office-forthe-aging
SENIORS Helping SENIORS®	315-405-4950	156 Chestnut St. Watertown, NY 13601 dianne@shsnny.com	SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers. The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians. https://seniorshelpingseniors.com/

St. Lawrence County Service Provider	Phone Number	Address & E-mail	Description & Website
North Country Prism	n/a	PO Box 634 Canton, NY 13617	<p>Providing support to the LGBTQ+ community in the North Country. Confidential social and support groups for all ages.</p> <p>https://www.prismny.com/</p>
SENIORS Helping SENIORS®	315-405-4950	<p>156 Chestnut St. Watertown, NY 13601</p> <p>dianne@shsnny.com</p>	<p>SENIORS Helping SENIORS® is a nonmedical home care agency serving 6 counties in Northern NY. Our services include companionship, housekeeping, meal preparation, transportation and more. Our services are personal, tailored to individual needs and provided by dedicated and talented caregivers.</p> <p>The agency is LGBTQ+ friendly and owned and operated by two 60+ lesbians.</p> <p>https://seniorshelpingseniors.com/</p>

Central New York

Cayuga, Cortland, Madison, Onondaga, and Oswego Counties

Cayuga County Service Provider	Phone Number	Address & E-mail	Description & Website
Cayuga County Office for the Aging	315-253-1226	160 Genesee Street Basement Auburn, NY 13021 CCOFA@cayugacounty.us	Provides information, services and supports for successful aging in an individual's living environment choice. https://www.cayugacounty.us/507/Office-for-the-Aging
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck dinner the 3 rd Sunday of every month at 2pm at Trinity Methodist Church 45 E Utica in Oswego, NY for older LGBTQ+ adults. www.sageupstate.org

Cortland County Service Provider	Phone Number	Address & E-mail	Description & Website
The Cortland LGBTQ Center	607-756-8970 ext. 253	165 Main Street Suite A Cortland, NY 13045 rcuddeback@familycs.org	LGBTQ+ center that provides support/social groups, education and training, and resources. https://cortlandlgbtqcenter.org/
Cortland County Area Agency on Aging	607-753-5060	60 Central Ave Cortland, NY 13045 ccaaa@cortland-co.org	Advocates, develops and provides a coordinated system of services on behalf of all aging adults to live with maximum independence and dignity. https://www.cortland-co.org/434/AreaAgency-on-Aging
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck dinner the 3 rd Sunday of every month at 2pm at Trinity Methodist Church 45 E Utica in Oswego, NY for older LGBTQ+ adults. www.sageupstate.org

Madison County Service Provider	Phone Number	Address & E-mail	Description & Website
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. www.sageupstate.org
Cazenovia Pride	315-478-1923	n/a cazenoviapride@gmail.com	Hosts pride festival and other LGBTQ safe events www.facebook.com/CazenoviaPride
BRiDGES- The Madison County Council on Alcoholism & Substance Abuse, Inc.	315-697-3947	P.O. Box 389 1507 Upper Lenox Ave Oneida, NY 13421	The mission of BRiDGES is to be a leader in providing advocacy, resources, and services to our community, the workforce, families, and individuals through the delivery of prevention and intervention programs that promote change, strengthen families, and build healthy communities. BRiDGES manages the LGBTQIA Network which is a resource for LGBTQIA individuals and groups and

Madison County Service Provider	Phone Number	Address & E-mail	Description & Website
			<p>their allies. The goal of the Network is to enhance the supports and resources that currently exist, to identify gaps and needs for services, and to bring together the community to raise awareness, increase support and reduce isolation.</p> <p>https://bridgescouncil.org/</p>

Onondaga County Service Provider	Phone Number	Address & E-mail	Description & Website
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	<p>Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age.</p> <p>www.sageupstate.org</p>

Onondaga County Service Provider	Phone Number	Address & E-mail	Description & Website
Volunteer Lawyers Project of CNY Inc.	315-471-3409	221 S. Warren Street Suite 200 Syracuse, NY 13202 info@vlpcny.org	Provides free legal information, assistance, and representation in civil legal matters to low-income people in Central New York. https://vlpcny.org/
Meals on Wheels of the Jamestown Area	315-478-5948	300 Burt Street Syracuse, NY 13202 community@meals.org	Provides home-delivered meals to older adults. https://www.meals.org/
Inclusive Health Services	315-464-5533	Nappi Wellness Institute Suite 3C 725 East Adams Street Syracuse, NY 13210	IHS is happy to now offer a Safe Space for primary care to the LGBTQ community, including transgender care, regardless of HIV status. https://www.upstate.edu/id/healthcare/ihs/

Oswego County Service Provider	Phone Number	Address & E-mail	Description & Website
Oswego County Office for the Aging	315-349-3484	70 Bunner Street Entrance A Oswego, NY 13126 ofa@oswegocounty.com	(SAGECare Certification Bronze 2021, 2022, 2023) Provides services and assists older adults and persons with long term care needs to live independently in their homes and communities with quality of life and dignity. https://www.oswegocounty.com/departments/human_services/office_for_the_aging/index.php
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck dinner the 3 rd Sunday of every month at 2pm at Trinity Methodist Church 45 E Utica in Oswego, NY for older LGBTQ+ adults. www.sageupstate.org

Southern Tier

Broome, Chenango, Chemung, Delaware, Schuyler, Steuben, Tioga, and Tompkins
Counties

Broome County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride and Joy Families	607-777-7433	Pride and Joy Families Binghamton University LN-2408 PO Box 6000 Binghamton, NY 13902- 6000 prideandjoyfamilies@gmail.com	<p>Dedicated to helping lesbian, gay, bisexual, transgender, and queer (LGBTQ) people in Upstate NY achieve their goals of building and sustaining healthy families.</p> <p>The Project offers provider trainings, educational programs, information and referral services, a Directory of LGBTQ-Inclusive Services, and support for LGBTQ families and prospective parents. Our network of Pride and Joy Families provides social and educational opportunities, and a sense of community to LGBTQ parents and their children.</p> <p>https://www.binghamton.edu/prideandjoyfamilies/about/index.html</p>

Broome County Service Provider	Phone Number	Address & E-mail	Description & Website
Broome County Office for the Aging	607-778-2411	60 Hawley St Binghamton, NY 13901 ofa@broomecountyny.gov	<p>Provides services and assists older adults and persons with long term care needs in Broome County to live independently in their homes and communities with quality of life and dignity.</p> <p>Hosts an LGBTQ Older Adult Social Support Group that meets monthly group at a local senior center. The group hosts speakers and holds round table discussions on a variety of topics.</p> <p>https://gobroomecounty.com/senior/services</p>
Binghamton Pride Coalition	n/a	BinghamtonPride607@gmail.com	<p>An organization of LGBTQ individuals, groups and allies established in 2005. The Coalition works to end oppression based upon sexuality and gender, promotes pride and visibility, and celebrates lesbian, gay, bisexual, transgender and queer lives, communities, and cultures in the greater Binghamton area.</p> <p>https://binghamtonpride.org/</p>

Chenango County Service Provider	Phone Number	Address & E-mail	Description & Website
Chenango County Office for the Aging	607-337-1770	5 Court Street Norwich, NY 13815 chenaaoa@co.chenango.ny.us	Provides services and education to empower and educate individuals 60+. https://www.co.chenango.ny.us/aaoa/

Chemung County Service Provider	Phone Number	Address & E-mail	Description & Website
Chemung County Department of Aging and Long Term Care	607-737-5520	425 Pennsylvania Ave Human Resource Center Room 122 Elmira, NY 14902	(SAGECare Certification Bronze, 2017) Helps Chemung County residents age together with independence, opportunity, and dignity through coordinated and costeffective policies and services that support and empower older adults. https://www.chemungcountyny.gov/160/Aging-Long-Term-Care

Chemung County Service Provider	Phone Number	Address & E-mail	Description & Website
Meals on Wheels of Chemung County	607-734-9535	409 William Street Elmira, NY 14901 info@mealsonwheelschemung.org	Provides home-delivered meals to older adults. https://www.mealsonwheelschemung.org/

Delaware County Service Provider	Phone Number	Address & E-mail	Description & Website
SAGE Hudson Valley	877-360-LGBT (5428) 845-331-5300	300 Wall Street Kingston, NY 12402	SAGE Hudson Valley provides services, professional resources, and programs that support and unite the LGBTQ+ community across lines of age, race, gender, and economics. https://www.sageusa.org/

Schuyler County Service Provider	Phone Number	Address & E-mail	Description & Website
Schuyler County Office for the Aging	607-535-7108	323 Owego St. Unit 7 Montour Falls, NY 14865 ofa@co.schuyler.ny.us	Offers a variety of services to individuals of any age with a disability or anyone over 60+. http://schuylercounty.us/

Steuben County Service Provider	Phone Number	Address & E-mail	Description & Website
Steuben County NY Connects & Office for the Aging	607-664-2295	3 East Pulteney Square Bath, NY 14810	(SAGECare Certification Bronze, 2016) Provides resources and information for older adults in Steuben County. www.steubencountyny.gov
Pro Action of Steuben & Yates	607-776-2125 800-618-7882	117 E Steuben Street Bath, NY 14810	Works to build a community of resilient individuals and families who can meet their basic needs, overcome adversity, and prosper. https://proactioninc.org/

Tioga County Service Provider	Phone Number	Address & E-mail	Description & Website
Tioga Opportunities Inc.	607-687-4222	9 Sheldon Guile Blvd. Owego, NY 13827 aging@tiogaopp.org	(SAGECare Certification Bronze, 2018) Hub for aging-related services. http://www.tiogaopp.org/

Tompkins County Service Provider	Phone Number	Address & E-mail	Description & Website
Out for Health	607-216-0021 ext. 134	111 E Seneca Street Ithaca, NY 14850	Trans-affirming health care for all ages. www.outforhealth.org
Tompkins County Office for the Aging	607-274-5482	214 West Martin Luther King Jr/State Street. Ithaca, New York 14850	(SAGECare Certification Bronze, 2016) Provides objective and unbiased information regarding the array of services available for older adults and their caregivers https://www.tompkinscountyny.gov/cofa

Tompkins County Service Provider	Phone Number	Address & E-mail	Description & Website
Lifelong	607-273-1511	119 W. Court Street Ithaca, NY 14850 lifelong@tclifelong.org	Community Center that provides a large range of services for adults 50+. https://tclifelong.org/

Finger Lakes

Cayuga, Livingston, Monroe, Ontario, Seneca, Wayne, and Yates Counties

Cayuga County Service Provider	Phone Number	Address & E-mail	Description & Website
Cayuga County Office for the Aging	315-253-1226	160 Genesee Street Basement Auburn, NY 13021 CCOFA@cayugacounty.us	Provides information, services and supports for successful aging in an individual's living environment choice. https://www.cayugacounty.us/507/Office-for-the-Aging
SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. Sage hosts a monthly potluck dinner the 3 rd Sunday of every month at 2pm at Trinity Methodist Church 45 E Utica in Oswego, NY for older LGBTQ+ adults. www.sageupstate.org

Livingston County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
GLOW OUT!	n/a	<p>P.O. Box 1615 Batavia, NY 14021</p> <p>info@glowout.org</p>	<p>GLOW OUT! provides education and awareness of and around the LGBTQ+ community; creating and maintaining a safe, inclusive, and equitable environment for LGBTQ+ individuals.</p> <p>https://www.glowout.org/</p>

Monroe County Service Provider	Phone Number	Address & E-mail	Description & Website
Alzheimer's Association Rochester and the Finger Lakes Region Chapter	800-272-3900	200 Meridian Centre Blvd Suite 110 Rochester, NY	(SAGECare Certified, Bronze, 2018) Provider of Alzheimer's research, support, and services. http://www.alz.org/rochesterny/
Jewish Senior Life Rochester	585-427-7760	2021 Winton Road South Rochester, NY 14618	(SAGECare Certified, Platinum, 2021) Provider of health care, senior living, and community-based services. https://jewishseniorlife.org/
Rochester Rainbow Union	585-244-8640	50 Prince Street Rochester, NY 14607 info@gayalliance.org	Provides resources and programs for the benefit of the LGBTQ+ community. https://rochesterrainbowunion.com

Monroe County Service Provider	Phone Number	Address & E-mail	Description & Website
Lifespan of Greater Rochester	585-244-8400 866-454-5110	1900 S Clinton Ave Rochester, NY 14618 info@lifespanrochester.org	Helps older adults and caregivers take on the challenges and opportunities of longer life. https://www.lifespan-roch.org/
Trillium Health	585-545-7200	259 Monroe Ave Rochester, NY 14607 https://www.trilliumhealth.org/	Medical and Social Service Professionals who create a supportive and affirming environment and treat physical, emotional, and social health of patients. https://www.trilliumhealth.org/
Monroe County Office for the Aging	585-753-6280	435 E Henrietta Rd Rochester, NY 14620 MCOFA@monroecounty.gov	(SAGECare Certification Bronze 2022, 2023) Provides services and supports to older adults focusing on community based long-term care. The primary responsibilities of MCOFA focus on planning, advocacy, and coordination activities. https://www.monroecounty.gov/aging

Monroe County Service Provider	Phone Number	Address & E-mail	Description & Website
Rainbow Seniors ROC, Inc.	n/a	50 Prince St. Rochester, NY 14607 admin@rainbowseniorsroc.com	Rainbow Seniors ROC is an advocacy, service and social activity group for greater Rochester area LGBTQ+ seniors (50+). https://www.rainbowseniorsroc.com/

Ontario County Service Provider	Phone Number	Address & E-mail	Description & Website
The LGBTQ Center of the Finger Lakes	315-789-2613 ext. 2126	671 S. Exchange St. Geneva, NY 14456	Community resource for LGBTQ+ people of all ages. https://www.lgbtcenters.org/

Seneca County Service Provider	Phone Number	Address & E-mail	Description & Website
The LGBTQ Center of the Finger Lakes	315-789-2613 ext. 2126	671 S. Exchange St Geneva, NY 14456	Community resource for LGBTQ+ people of all ages. https://www.lgbtcenters.org/
Seneca County Office for the Aging	315-539-1766	3465 Bonadent Drive Suite 4 Waterloo, NY 13165	Provides services and programs that help older adults maintain independence and dignity in a safe environment of their choosing. https://www.co.seneca.ny.us/gov/community/office-aging/

Wayne County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>

Yates County Service Provider	Phone Number	Address & E-mail	Description & Website
Pro Action of Steuben & Yates	607-776-2125 800-618-7882	117 E Steuben Street Bath, NY 14810	<p>Works to build a community of resilient individuals and families who can meet their basic needs, overcome adversity, and prosper.</p> <p>https://proactioninc.org/</p>

Western New York

Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans,
and Wyoming Counties

Allegany County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue, Buffalo, NY 14202	The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families. http://www.pridecenterwny.org/WhoWeAre

Cattaraugus County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue, Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
Cattaraugus County Department for the Aging	716-373-8032	1 Leo Moss Drive Suite 7610 Olean, New York 14760	<p>(SAGECare Certification Bronze, 2021) Coordinate, plan, develop and administer programs to promote new and better services for all individuals age 60 and older.</p> <p>https://www.cattco.org/aging</p>

Chautauqua County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
Mental Health Association in Chautauqua County	716-661-9044	<p>31 Water Street Jamestown, NY 14701</p> <p>601 Eagle Street Dunkirk, NY 14048</p> <p>info@mhachautauqua.org</p>	<p>Accepts, empowers, and advocates for community members who struggle with mental health and substance abuse.</p> <p>http://www.mhachautauqua.org/</p>
Meals on Wheels of the Jamestown Area	716-488-9119	2020 Allen Street Falconer, NY 14733	<p>Provides home-delivered meals to older adults in central and southern Chautauqua County.</p> <p>https://jmstmow.com/contact-us/</p>

Erie County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
Alzheimer's Association Western New York Chapter	800-272-3900	6400 Sheridan Dr #320, Buffalo, NY 14221 program.wny@alz.org	<p>(SAGECare Certification Bronze, 2016) Provider for Alzheimer's support, research, and resources</p> <p>http://www.alz.org/wny/</p>
Evergreen Health	716-847-2441	7 Community Drive Cheektowaga, NY 14225	<p>Health service center for LGBTQ+ individuals with various chronic health conditions such as HIV/AIDS and more. Locations in Buffalo and Jamestown, NY.</p> <p>https://www.evergreenhs.org/</p>

Erie County Service Provider	Phone Number	Address & E-mail	Description & Website
FeedMoreWNY	716-822-2002	100 James E. Casey Dr. Buffalo, NY 14206 hello@feedmorewny.org	FeedMore WNY continue its mission of offering dignity, hope and a brighter future by providing nutritious food, friendship and skills training to its Western New York neighbors in need. Through our food bank distribution center and partner hunger-relief agencies, as well as our home-delivered meal program and other targeted feeding programs, FeedMore WNY alleviates hunger and assists community members of all ages throughout Cattaraugus, Chautauqua, Erie and Niagara counties. https://www.feedmorewny.org/
Supportive Services Corporation	716-881-6350	245 Elmwood Ave Buffalo, NY 14222	Offers free employment training services to individuals age 55 and above. https://supportiveservices.org/

Erie County Service Provider	Phone Number	Address & E-mail	Description & Website
Harmonia Collaborative Care	716-947-5025 716-648-0650	6722 Erie Road (Route 5) Derby, NY 14047 97 S. Buffalo Street Hamburg, NY 14075	Provides case management, along with Health Home and Mental Health Outpatient counseling. https://harmonia-care.org/
The Center for Psychosexual Health (CPH)	716-322-6394	737 Delaware Ave Suite 216 Buffalo, NY 14209 admin@cphbuffalo.com	Gender and sexuality counseling for children, adolescents, adults and families. https://www.cphpsych.com/

Genesee County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of WNY	716-852-7743	278 Delaware Avenue Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
GLOW OUT!	n/a	<p>P.O. Box 1615 Batavia, NY 14021</p> <p>info@glowout.org</p>	<p>GLOW OUT! provides education and awareness of and around the LGBTQ+ community; creating and maintaining a safe, inclusive, and equitable environment for LGBTQ+ individuals.</p> <p>https://www.glowout.org/</p>

Niagara County Service Provider	Phone Number	Address & E-mail	Description & Website
Niagara County Office for the Aging	716-438-4020	11 Main Street, Suite 101 Lockport, NY 14094	The Niagara County Office for the Aging brings together programs and supportive services which help older adults maintain independence whenever possible. https://www.niagaracounty.com/aging/
Niagara County Pride – a satellite program of the Pride Center of Western	716-298-7656	138 East Ave Suite 798 Lockport, NY 14095	Niagara Pride, Inc. (NP) envisions an LGBTQ+ community in which individuals of all ages and families feel safe, secure, and affirmed where they live, work, worship, and play. http://niagarapride.org/

Orleans County Service Provider	Phone Number	Address & E-mail	Description & Website
Orleans County Office for the Aging	585-589-3191	14016 Rote 31 Albion, NY 14411	Develops and provides community-based services to ensure that persons over age 60 have maximum opportunities to live with independence and dignity in their community.

Orleans County Service Provider	Phone Number	Address & E-mail	Description & Website
			https://orleanscountyny.com/departments/office_for_the_aging/index.php
GLOW OUT!	n/a	P.O. Box 1615 Batavia, NY 14021 info@glowout.org	GLOW OUT! provides education and awareness of and around the LGBTQ+ community; creating and maintaining a safe, inclusive, and equitable environment for LGBTQ+ individuals. https://www.glowout.org/

Wyoming County Service Provider	Phone Number	Address & E-mail	Description & Website
Wyoming County Office for the Aging	585-786-8833 800-836-0067	8 Perry Ave Warsaw, NY 14569 officeaging@wyomingco.net	Advocates on behalf of all older persons in the county. https://www.wyomingco.net/328/Office-for-the-Aging

Wyoming County Service Provider	Phone Number	Address & E-mail	Description & Website
GLOW OUT!	n/a	P.O. Box 1615 Batavia, NY 14021 info@glowout.org	GLOW OUT! provides education and awareness of and around the LGBTQ+ community; creating and maintaining a safe, inclusive, and equitable environment for LGBTQ+ individuals. https://www.glowout.org/

Capital Region

Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Warren, and Washington Counties

Albany County Service Provider	Phone Number	Address & E-mail	Description & Website
Albany County Office for the Aging	518-447-7198	100 Heritage Lane Albany, NY 12211	<p>Connect adults age 60+ and their families/caregivers with community resources that promote independence, self-direction, dignity and improve quality of life.</p> <p>https://www.albanycounty.com/departments/aging</p>
Choices Counseling and Consultation	518-438-2222	n/a	<p>Provides psychotherapy, trans health services, and support groups.</p> <p>https://choicesconsulting.com/</p>

Albany County Service Provider	Phone Number	Address & E-mail	Description & Website
In Our Own Voices Inc.	518-438-2222	245 Lark Street Albany, NY 12210	Counseling, support and social groups, HIV testing and safety kits, education, and further resources centering the experiences of BIPOC LGBTQ+ people. https://ioov.org/programs-services/
Pride Center of the Capital Region	518-462-6138	332 Hudson Ave Albany, NY 12210	Counseling, support groups, education, and training, and hosts Vintage Pride, a social/support group for people over 55. https://www.capitalpridecenter.org
Albany Damien Center	518-449-7119	728 Madison Ave Suite 100 Albany, NY 12208	Membership-only resource center for HIV/AIDS and other supports. http://www.albanydamiencenter.org/

Albany County Service Provider	Phone Number	Address & E-mail	Description & Website
Jewish Family Services of Northeastern NY	518-482-8856	184 Washington Ave Ext Albany, NY 12203 info@jfsneny.org	Offers programs and services to help older adults age in their community with dignity while recognizing the importance of self-determination and autonomy in the decision-making process. https://jfsneny.org/
Prism Counseling & Advocacy	518-801-2521	10 Colvin Avenue Suite 102 Albany, NY 12206 contact@prismalbany.org	Prism Counseling & Advocacy is dedicated to providing quality therapy services to folx within the *2SLGTBQIA+ community (and their families) and aims to dismantle barriers to care so that all clients find the freedom and resources they need to live full, authentic lives. Prism offers individual partner, family, and group therapy as well as case management for any in need. www.prismalbany.org

Columbia County Service Provider	Phone Number	Address & E-mail	Description & Website
Columbia County Office for the Aging	518-828-4258	325 Columbia Street Suite 231 Hudson, N 12534	Addresses the needs of older adults through advocacy, and services. https://sites.google.com/a/columbiacountyny.com/columbiacounty-office-for-the-aging/home
Out Hudson	n/a	858 Columbia St Hudson, NY 12534	Out Hudson is a volunteer-led nonprofit organization, whose mission is to improve the quality of life and advance the visibility of LGBTQ people in Columbia County. Out Hudson was formed in 2016 and obtained official non-profit status from New York State in 2019. https://outhudsonny.wordpress.com/
Hudson Pride Foundation	518-303-6122	603 Warren St Hudson, NY 12534 HUDSONPRIDEFOUNDATION@gmail.com	The Hudson Pride Foundation strives to provide education, resources and support to empower and serve LGBTQ persons and their allies across Columbia County. Through collaboration and outreach, HPF builds a community that celebrates diversity inclusive of sexual

Columbia County Service Provider	Phone Number	Address & E-mail	Description & Website
			orientation, gender identity and gender expression. https://hudsonpride.org/

Greene County Service Provider	Phone Number	Address & E-mail	Description & Website
Greene County Office for the Aging	518-719-3555	411 Main Street Catskill, NY 12414 aging@discovergreene.com	Provides supportive services to help older adults stay independent for as long as possible. https://www.greenegovernment.com/departments/human-services-greenegov/elderly
Catskills Pride	n/a	contact@catskillspride.com	Catskills Pride began as an informal group of full and part-time residents to create a welcoming and safe environment for the LGBTQIA+ community. It has evolved into an organization that has an active voice in

Greene County Service Provider	Phone Number	Address & E-mail	Description & Website
			<p>the broader Catskills and its neighboring New York communities. Catskills Pride focuses on improving visibility and social support in areas such as: education, business, arts and entertainment, and tourism.</p> <p>https://www.catskillspride.com</p>

Rensselaer County Service Provider	Phone Number	Address & E-mail	Description & Website
Pride Center of the Capital Region	518-462-6138	332 Hudson Ave Albany, NY 12210	<p>The Pride Center of the Capital Region promotes the well-being of all lesbian, gay, bisexual, transgender and queer identified people and those affected by discrimination based on gender identity and expression.</p> <p>https://www.capitalpridecenter.org/community-resources</p>

Saratoga County Service Provider	Phone Number	Address & E-mail	Description & Website
Saratoga Pride	n/a	n/a	<p>Saratoga Pride is a welcoming community of lesbian, gay, bisexual, transgender, queer people and our allies in the greater Saratoga Springs area. We invite you to join us for social and informational events and entertainment, and to look to us for LGBTQ resources, networking and advocacy.</p> <p>www.saratogapride.com</p>
Saratoga County Department of Youth and Aging	518-884-4100	152 West High St Ballston Spa, NY 12020	<p>Provides services and programs to older adults to meet their needs.</p> <p>https://www.saratogacountyny.gov/departments/departments-of-aging-andyouth/</p>

Schenectady County Service Provider	Phone Number	Address & E-mail	Description & Website
Choice Connections New York	518-894-2443	198 Donald Ave Schenectady, NY 12304 Choiceconnectionsny@gmail.com	(SAGECare Certified, Silver, 2021) Consulting firm for aging services providers. http://www.choiceconnectionsny.com/
Self-Advocacy Association of New York State – (sanys)	518-382-1454	500 Balltown Road Building 12 Schenectady, NY 12304	Promotes the awareness and recognition of the civil rights and responsibilities which include the opportunities and choices of equal citizenship. https://sanys.org/
Schenectady County Department of Senior and Long Term Care Services	518-382-8481 Ext 9-313	107 Nott Terrace Suite 202 Schenectady, NY 12308	Promotes the long term health and wellness of Schenectady County residents to assure they receive the necessary community-based services that they need to remain safely in their community. https://aging.ny.gov/location/schenectady-county-department-senior-long-term-care-services

Warren County Service Provider	Phone Number	Address & E-mail	Description & Website
Glens Falls Association of the Blind	518-792-3421	144 Ridge Street Glens Falls, NY 12801	Provides instruction and equipment to individuals who have experienced or are expecting loss of vision. http://blindline.org/home.asp
Lower Adirondack Pride	n/a	cam@loweradkpride.org	Advocates for the LGBTQIA+ community in Warren, Washington, and Northern Saratoga County. www.loweradkpride.org

Warren County Service Provider	Phone Number	Address & E-mail	Description & Website
Warren/Hamilton Counties Office for the Aging	518-761-6347	1340 State Route 9 First Floor – Human Services Building Lake George, NY 12845	<p>SAGECare Certified Bronze 2023. The Office for the Aging serves the over age 60 population of the County, assisting them to access services and address their needs. This includes services that help them remain independent, prevent premature institutionalization, relieve isolation and loneliness, and improve their quality of life and health.</p> <p>https://www.warrencountyny.gov/ofa</p>

Washington County Service Provider	Phone Number	Address & E-mail	Description & Website
Washington County Office for the Aging	518-746-2420	383 Broadway Building B Fort Edward, NY 12828 Officefortheaging@Washingtoncountyny.gov	Point of entry for information and access to a comprehensive system of consumer-based services for older adults and their families. https://www.washingtoncountyny.gov/148/Office-for-Aging
Lower Adirondack Pride	n/a	cam@loweradkpride.org	Advocates for the LGBTQIA+ community in Warren, Washington, and Northern Saratoga County. www.loweradkpride.org



Office for the Aging

**Two Empire State Plaza
Albany, NY 12223-1251**

Kathy Hochul, Governor
Greg Olsen, Acting Director

www.aging.ny.gov