Engagement data from ElliQ users who received their device through the New York State Office for the Aging

How often do users engage with ElliQ over time?

The average active ElliQ user...

- Interacts with ElliQ 6 days per week
- Engages with ElliQ 37 times per day
- Spends 23 minutes with ElliQ per day

95% of clients report that ElliQ is helpful in reducing loneliness and improving wellbeing

Meet Lucinda

After 7 months with ElliQ, Lucinda participates in 4 activities per day on average, including:
- Stress reduction exercises twice daily
- Cognitive game every day
- Works out with ElliQ once a week

Self reported outcomes include:
- Reduction in ER visits
- Medication adherence improvement
- Significant improvement in anxiety and quality of sleep