



Office of the State  
Long Term Care  
Ombudsman

# EDUCATING EMPOWERING ADVOCATING

Ombudsmen help residents understand and exercise their rights to good care in an environment that promotes and protects their dignity and quality of life

[www.ltcombudsman.ny.gov](http://www.ltcombudsman.ny.gov)

Call locally: \_\_\_\_\_

or **1-855-LTCOP NY**  
**(582-6769)**

Or contact:  
NYS Long Term Care Ombudsman Program  
2 Empire State Plaza  
Albany, NY 12223