



Department
of State

Office for
the Aging

Department
of Health



AGE-FRIENDLY NEW YORK STATE

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March 4, 2021

Beth Finkel, State Director
AARP New York
750 Third Avenue, 31st Floor,
New York, NY 10017

Dear Ms. Finkel,

I am pleased to submit this report on the actions, initiatives, activities and progress New York has made in our efforts to become the first age friendly state in the nation. Our approach has been one that centers on the idea that state government, through its leadership and by setting an example through action, can create a coordinated, integrated process from the top down and from the grassroots, community-up to create an environment, backed by data, to advance and embed smartgrowth/age friendly and livable community principles into state and local government work, create organizational change to improve population health and the built environment, and demonstrate that this approach is inclusive of public and private stakeholders.

Below you will find news and updates regarding New York's actions to advance the incorporation of healthy aging and age-friendly concepts into NY governance across all agencies. This includes the perspectives from the three agencies that have provided leadership on this work, the State Office for the Aging (NYSOFA), the Department of Health (DOH), and the Department of State (DOS).

The COVID-19 Pandemic and its response has highlighted the need to better engage with these concepts to address social determinants of health and health equities given the disparate effect the pandemic has had on minority and underserved communities. Now more than ever, this work is vital.

The State is grateful for the opportunity to be an Age-Friendly State and are thankful for the thoughtful leadership of AARP in this area. The resources and technical assistance provided to counties, health systems, and localities are vital to this work and provide a template to achieving our goal of being the healthiest state in the Nation.

Sincerely,

Greg Olsen, NYSOFA
Charles Williams, NYSDOH
Paul Beyer, NYSDOS

Description of New York's Health Across All Policies/Age Friendly NY Approach

Building upon our previous work, we have built a foundation for advancing age friendly/livability and smartgrowth principles that have significantly accelerated since being designated the first age friendly state. Our previous work included signing the Complete Streets Act which has led to more than 100 villages, towns and cities to adopt complete street policies to consider safe, convenient access and mobility of all our roadway users of all ages and abilities; launching the Livable New York initiative to develop tools and resources for communities to replicate in the areas of housing, universal design, development, planning, zoning, energy alternatives, green building, transportation, and mobility; creating the nation's first mobile app to connect more than 4.3 million older adults to community resources to help them age in their homes and communities of choice, investing billions into the House 2020 plan, to establish and preserve more than 100,000 units of affordable housing throughout the state by 2020; organizing ten regional Sustainable Development and Collaborative Governance conferences to discuss the benefits of sustainable community planning and certification as an age-friendly community; signing Executive Order #190 that directs state agencies to consider the impact of their policies and procurement on health and healthy aging, aligned with the eight domains of age friendly communities; inserting language into procurement opportunities to award additional points for projects that address age friendly/livability and smart growth principles; inclusion of Prevention Agenda and healthy aging principles into state agency procurement projects in opportunities proposed by the New York State Energy and Research Development Agency (NYSERDA), the Vital Brooklyn Initiative, and the Department of Transportation's (DOT) Complete Streets funding opportunity; making a goal to make 50 percent of all health systems age friendly within the next five years; completing a long term care planning project to analyze, evaluate and identify existing service gaps and determining the most cost-effective evidence based interventions and prepare a forward looking strategic plan, and issuing an RFA that will bring 13 counties on board to implement EO #190 at the county level, bring more counties into the AARP network of age friendly communities, and create 5 regional age friendly technical assistance centers of excellence to help grantees succeed, through a coordinated learning collaborative and technical assistance provided by the New York Academy of Medicine.

Further, our approach incorporates addressing social determinants of health, which includes social and economic opportunities, education, safety in neighborhoods and communities, the quality of physical environments and social interactions and relationships. Addressing social determinants are an increasingly important part of age friendly communities due to their strong relationship to the eight domains.

Governor Cuomo, in his 2017 State of the State address, directed state agencies to employ a more proactive and interactive approach to improving New York's overall population health to become the healthiest state in the country. Using the state's Prevention Agenda as the overarching framework, we launched a Health Across All Policies approach, where health and non-health related state agencies work together to take into account how policies and programs can positively impact public health. This approach is broad-based and inclusive of community partners, local government and philanthropy and it benefits New Yorkers of all ages in all geographic areas. This approach furthers community-efforts to make short-term and long-term changes through planning and procurement to include age friendly and smart growth principles into our work to develop and implement healthy communities which are age friendly communities from birth to death.

The goals of the Health Across all Policies approach include:

- Considering how all of our policies, programs, and initiatives support New York State's designation as the first age friendly state in the nation.
- Designing and implementing interagency projects that support population health and healthy aging.
- Incorporating the Health Across All Policies framework and metrics into the New York State Department of Health's Prevention Agenda, the blueprint to reduce health disparities and improve the health of all New Yorkers.
- Implementing system-wide mechanisms for state agencies to embed Health Across all Policies, age friendly, and healthy aging into all aspects of our government work.

From the perspective of NYSOFA, DOH, and DOS, the overall goal has been to institutionalize a Health Across All Policies (HAAP) and Healthy Aging (HA) lens within the Prevention Agenda, the State's blueprint for improving public health, that is supported by related endeavors that integrate age friendly frameworks into healthcare facilities and public health offices, building out communications and technical assistance networks to facilitate these works, as well as providing a leadership role with NYSOFA and DOS regarding outreach and adherence to the provisions of EO 190 among partner agencies.

DOH finalized the Prevention Agenda for 2019-2024, with the Public Health and Health Planning Council having approved of the document at the beginning of 2019. The Prevention Agenda has an updated vision, updated priorities and new focus areas and goals for the five priorities shaped by considerations for Health Across all Policies and Healthy Aging and collected feedback on these changes from over 200 individuals and organizations via an online survey and in person meetings.

Under the provisions of EO 190, DOH, NYSOFA and DOS convened quarterly meetings of all-liaisons appointed by participating agencies, as well as established two working groups – the Programs/Policies Workgroup and the Procurement/Contract Workgroup. The purpose of these workgroups was to discuss among similarly situated agencies best practices, up-coming opportunities and events, as well as opportunities for collaboration on the development of policies or programs to promote and incorporate age friendly and healthy aging considerations. Unfortunately, during the past year, NY has not convened these meetings or working groups, but there is buy-in from the Commissioner and Governor’s Office to resume them in 2021, recognizing the important role these considerations and concepts can play in a post-COVID landscape that is intent on addressing social determinants and health equities.

Despite these obstacles posed by the COVID-19 response and its effects on projects, the State has managed to keep these Age Friendly initiatives moving forward and advancing our work. This includes work under the Age-Friendly Planning Grant, Age-Friendly Health Systems NYS Action Communities, and beginning a partnership with the Trust for America’s Health on the development and certification as an Age-Friendly Public Health System for NYS.

The Age Friendly Health Systems work includes the provision of technical assistance, training and a peer network to help health systems incorporate the Hartford Foundation’s 4Ms – what Matters, Mentation, Medication and Mobility – into their care and services. Led by the Healthcare Association of New York State, supported by DOH and NYSOFA and their Area Agency on Aging (AAA) network and funded by the Health Foundation for central and western New York, the New York State Health Foundation and the Samuels Foundation – there have been two Action Communities developed – one for upstate systems, which launched in November and one for downstate systems, which launched February 11th. This work directly supports the Governor’s State of the State goal for 2018 to have half of the state’s health systems as age friendly by 2023. To date, some 40 plus systems are underway through these action communities, which when combined with those that have endeavored on their own, the State is approaching that goal. There’s been great enthusiasm to develop networks of care and strengthen partnerships between aging services providers and the health systems to ensure continuity of care and identify older adults in need of services and supports.

A new initiative that DOH hopes to get underway in the next several months, is the incorporation of Trust for America’s Health Age-Friendly Public Health Systems (AFPHS) framework. The goal of this project is to create the conditions at state and community levels necessary for people of all ages, but especially older adults, to live safely, healthfully, and productively in their communities. This framework aims establish conditions and collaborative networks of local health care officials and their state and other local government sector partners to adapt the public health system and their interventions to play a greater role in the improvement of the health and well-being of

older adults and complement the work of other sectors. We are hopeful that adopting these actions and emphasizing collaboration between public health, other government sectors and service providers will improve outcomes by increasing the focus on addressing social determinants and equity issues; strengthening partnerships among government and service providers by bridging gaps and developing relationships with AAAs and health systems that can improve quality and service provision; as well as reduce medical cost burden.

Additionally, DOH has been fortunate to have several student of public health interns from SUNY Albany during this time, who have been focused on the development of resources, interventions and compiling public health measures. This work will eventually culminate in the release of an Age-Friendly NY Dashboard that tracks public health and quality measures along the eight Age-Friendly Domains, including a list of potential interventions to improve those measures and resources regarding programs, considerations, and research related to each domain.

In regards to the development of communications promoting these related projects, the State has developed and released an Age Friendly Roadmap with help from the New York Academy of Medicine. Prior to COVID, DOH developed a video highlighting the possibilities of Healthy Aging/Age Friendly policy by examine the Hunts Point development, in terms of improving transportation infrastructure and greenspaces, access to farmers markets, and smart growth planning in zoning to revitalize a neighborhood. However, this video has not been released, but is being reviewed.

Age Friendly New York State

Age friendly in New York State is not just about old age—it is about the collective value of people of all ages and abilities and recognizing that addressing the eight domains improves the health and lives of all populations and is central to supporting the goal of making New York the healthiest state in the nation. It is about designing communities for everyone that strengthen people’s connections to each other, improve health, increase physical activity, and support and advance the economic environment through proactive design and future-based planning. From housing to transportation, we have streamlined and improved existing programs to make sure they reach New Yorkers of all ages and abilities in a more effective way.

New York will continue to work with state and local partners to create environments that help individuals and families succeed and make New York a great place to grow up and grow older.

Community profile

Introduction to your community

New York State is the fourth largest state in the United States of America in 2020 based on the American Community Survey projections, with a population of 19.44 million. New York is diverse in its geography, ethnicity, culturally and regionally. With such a diverse population, New York State also has a large number of religions that are practiced within it. Seventy percent of its inhabitants are Christians, including 39 percent Roman Catholic, 7 percent Baptist, 6 percent Methodist and 2 percent Pentecostal amongst the dominant believers. Other major religions include Judaism (9 percent), Islamic (6 percent) and Buddhism (1 percent), while 17 percent of New York's inhabitants have no set religious ideologies to follow.

People from all races and creeds live in the state of New York, and the different ethnic identities have led to a rich cultural diversity in the state. With more and more people entering New York for jobs and other opportunities, this diversity is only going to grow, giving New York a richer cultural identity than it already fosters.

According to the most recent ACS, the racial composition of New York is:

- White: 63.79%
- Black or African American: 15.64%
- Other race: 8.76%
- Asian: 8.31%
- Two or more races: 3.05%
- Native American: 0.41%
- Native Hawaiian or Pacific Islander: 0.04%

New York's demographic structure reflects some of the same major demographic forces that have shaped the nation's population; for example, like the rest of the country, and the world, New York's baby boom cohort will swell the ranks of the state's older population in the coming decades and the millennials, who are a larger population group than the boomers will help drive changes to their community and their environments that support age-friendly principles as surveys show that older adults and millennials are interested in similar things: walkability, access to open space and parks, mixed-use, age integrated housing, ability to be mobile without relying on the automobile, etc.

The impact of the aging of the baby boom population shows the projected increase in the older population for the state's 62 counties (which include all of the boroughs of New York City) by the year 2030. In 2020, three counties will have populations where older people (aged 60 and older) constitute less than 20 percent of the total population; by 2030, the number of counties with less than 20 percent of the population aged 60 and over will dwindle to the four boroughs in New York City and Jefferson County,

home of Fort Drum. By 2030, the state's population is projected to be made up of more than 25 percent older people, which is comparable to the national projection.

The state's population characteristics also are unique in many ways. New York's population size, distribution, and composition have been driven by dynamic demographic events both internal and external to the state. Forces such as foreign immigration, high levels of domestic in- and out-migration, and the state's expanding ethnic populations have shaped New York's population and will continue to do so in the future.

New York's total population for 2020 is currently projected to be almost 20 million individuals with 4.6 million individuals aged 60 and older (Woods & Poole 2019 estimates). The state ranks fourth in the nation in the number of older adults behind California, Florida, and Texas based on the latest data available (the 2017 American Community Survey, one-year estimates: 4.2 million New Yorkers aged 60 and older).

The percent of households with married couples and married couples with children declined over time, while the percent of single person and single parent households is rising. In 2016, about 31 percent of New York State residents lived in homes where a language other than English was spoken. Further, 23 percent of residents were not born in the United States. Nationally, 22 percent of residents lived in homes where a language other than English was spoken, while 14 percent were born outside the country. Almost 17 percent of families with children lived at or below the federal poverty level in New York State in 2016, versus 16 percent nationally. Over 86 percent of New York State residents 25 years and older had high school diplomas in 2016. While New York State has improved its four-year high school graduation from 65.3 percent in 2004-2005 to 79.0 percent in 2014-2015, the state is still below the national average of 83.0 percent. For 2016, the New York State rate of violent crime was slightly lower than was the rate for the United States. Nationally, five percent, and in New York State, 2.6 percent, of children under age 19 were without health insurance in 2015.

While there are challenges that the state faces due to income and poverty, diversity and geography to name a few, there are also many opportunities. It is important to not view the state and its challenges from a negative lens, but rather, to identify and understand the assets that the population brings, the long-standing spirit of neighbors helping neighbors and the need to confront head on the long-held stereotypes and generalizations about the older population as a drain on resources. Data prepared by the Office for the Aging and the AARP tell a different story on the value of the older population and that data is helping to shape a new reality regarding approaching age-friendly work through an economic development lens that will be beneficial to the state as well as the communities that we are working with.

For example, while New York's 60+ population represents about 22 percent of the state population in 2020, by 2030, 52 out of 62 counties will have 25 percent or more of their population 60+ and 24 counties will have 30 percent or more of their population older. When including the 45+ population, almost half of the state's population will be

45 or older. Despite being less than half of the population, 65 percent, or \$481 billion annually, in household income is generated by this population block, making them very valuable economically to the state, to municipalities and to the business community.

According to AARPs 50+ Longevity Economy, 83 percent of US household wealth is held by people over 50, contributing \$8.3 trillion in economic activity in 2018, including \$7.6 trillion in direct spending (56 cents of every dollar spent). Those over 50 contribute \$1.8 trillion in federal, state and local taxes and this will quadruple by 2050. The 50+ population represents 43 percent of federal tax revenue and 37 percent of state and local tax revenue collected. Societal benefits are worth \$745 billion in 2018 and include what they give back to their families and communities by way of caring for a loved one, helping raise grandchildren, volunteering and supporting charities. This cohort account for the majority of volunteering, philanthropy, donation activities and they are the fastest growing entrepreneur group in the country. In New York alone, there are 935,000 individuals age 55+ contributing 495 million hours of volunteer service valued at \$13.8 billion annually.

Spending by people age 50+ in 2018 supported more than 88.6 million jobs (44 percent of total employment) and over \$4.6 trillion in labor income. Sixty-one percent of all US jobs and 43 percent of labor income was related to spending by the 50+ cohort.

Making an economic case for our age-friendly work is important. We want to retain retirees from relocating and attract retirees to consider New York State as a retirement destination. Through the implementation of age friendly community and smartgrowth principles, older adults will live in communities that engage and tap their skills, encourages their participating in their communities and designs communities that are important to them as well as younger generations. That is a win-win for New York State.

Mission statement

New York State will become the healthiest state in the country by utilizing the states Prevention Agenda as a framework for action and activity, coupled with employing a health across all policies approach and the implementation of age friendly/livability and smartgrowth principles into the day to day work of state agencies.

Vision

New York State is a leader and a partner in supporting and embedding healthy aging elements into planning and procurement at the state level and supporting and incentivizing communities to embed healthy aging elements into their planning and procurement to have a strong top-down, bottom up approach to empower residents of all ages to age successfully in a supportive community environment.

Description of who was involved in the development of the plan

In his 2017 State of the State address, Governor Cuomo directed state agencies to employ a more proactive and interactive approach to improving New York's overall population health to become the healthiest state in the country. Using the state's

Prevention Agenda as the overarching framework, the Governor launched a Health Across All Policies approach, where health and non-health related state agencies work together to take into account how policies and programs can positively impact public health. This approach is broad-based and inclusive of community partners, local government and philanthropy and it benefits New Yorkers of all ages in all geographic areas.

Using this approach, the Administration created the “Ad Hoc Committee on Health Across all Policies/Age Friendly Certification” which was led by DOH, NYSOFA and DOS.

Other state agencies actively involved in the State’s efforts to advance this approach include:

- New York State Energy, Research and Development Agency (NYSERDA)
 - Working on energy efficiency and resiliency across the state, especially regarding driving and affordable housing
 - Energy efficiency can also be considered in health facilities, nursing homes, and hospitals in order to improve living conditions and save money for older New Yorkers.
 - Working to:
 - get more older adults to consider energy efficient housing
 - make efficiency part of community planning efforts
 - work with Homes and Community Renewal (HCR) to expand houses to weatherize
 - Working on Green and Health Homes Initiative that integrates efficiency to lower energy burden and add educational components.
 - Retrofit NY – Set design criteria to create energy efficient buildings
 - Opportunity to set criteria for development projects and design of buildings
 - Working on better lighting options (LED) to improve people’s ability to get around at night as well as increase activities.
 - Electric car expansion to reduce air pollution and expand ride sharing options
 - NYSERDA continued its work on a framework with DOH that allows Managed Care Organizations to support residential healthy homes (energy efficiency/weatherization plus asthma/injury prevention) interventions as part of their value-based purchasing (VBP) arrangements. Activities include developing standardized contracts and specifications to deliver healthy home interventions under a VBP arrangement, fostering a network of contractors to deliver the services, and measuring outcomes to validate the health benefits to residents and health care costs savings. A one-page overview document has been finalized to market the pilot activities to the health plans.
 - Climate Smart Communities – along with the Department of Environmental Conservation (DEC) and DOH, working to enact provisions

under the Climate Leadership and Community Protection Act. Collaboration to understand the important health/energy nexus and identify and quantify the health and public health benefits of climate smart community actions.

- DOS
 - Using state contracting to incorporate a list of specific principals related to health and healthy aging as a criterion for the procurement process and selecting contractors that can promote designs for health and physical activity. This is especially important for departments with large procurement contracts like DOT and HCR.
 - Smart Growth Planning Grants - DOS continues their work on issuing planning grants to communities on a variety of Smart Growth themes, including—Transit-Oriented Development.
 - Transit Oriented Design - Transit-Oriented Development (TOD) is defined as, “more compact development within easy walking distance of transit stations (typically a half mile) that contains a mix of uses such as housing, jobs, shops, restaurants, and entertainment.” TOD usually encompasses an entire suite of Smart Growth features, including Complete Streets. DOS is utilizing Transit Oriented Design features in several on-going programs, including:
 - Local Waterfront Revitalization Program (LWRP). DOS provides funds for planning and projects in communities along designated waterfronts throughout the State. Many of these plans and projects—particularly in the Hudson Valley region—support TOD, either directly or indirectly.
 - Brownfield Opportunity Area (BOA) Program. DOS provides grants to communities for plans and projects that re-develop contaminated areas. (DEC provides funding for the actual clean-up costs.) The program offers an opportunity to bring smart, sustainable development to underserved and disenfranchised areas of the State. Many of these plans and projects—particularly in New York City, the Hudson Valley and Long island—support TOD, either directly or indirectly.
 - Age Friendly Planning Grant Program – In cooperation with NYSOFA, DOS released a grant program application that awarded funding to over 16 counties to help become healthier and more age-friendly by either replicating the Executive Order and/or seek age-friendly community certification from AARP and the World Health Organization (WHO). Additionally, the funding will establish several Centers of Excellence to provide technical assistance on age-friendly and healthy aging projects, with education and information provided by the New York Academy of Medicine. The program is designed to help communities and local governments incorporate healthy, age-friendly community principles into all relevant policies, plans, ordinances and programs.
- Deputy Secretary for the Environment

- Addressing air pollution to reduce 1 in 10 emergency hospitalizations and 2700 premature deaths.
 - Expanding use of electric vehicles, especially in Metro areas, as they cut down on ozone and particulate rates of air pollution.
- Toxicity reduction work (i.e. toxicity in what people eat, etc.)
- NYS Parks, Recreation, and Historic Preservation (Parks)
 - Parks has outdoor recreation initiatives and is working with DOH to implement a federal grant via a Tai Chi program for fall prevention. Park staff are trained to provide Tai Chi in parks. Parks is also expanding access to outdoor facilities and trails
 - Focusing on getting young people out to parks, and possibly carving out a role for older adults to be included to act as “outdoor ambassadors”.
 - Swim programs that teach kids to swim for free in parks and free park access on weekdays, ages 62+.
 - Studying whether there is a way to use technology in the parks such as a walking app that describes the trail, tracks distance, and determines number of calories burned.
- DOT
 - DOT considers the “active design” aspect when they look at contracts to work on complete streets, and are enhancing this feature in their selection process
 - Expanding Bike share programs and downtown revitalization program.
 - Working on expanding the understanding of the opportunities that transportation presents for other agencies, in that transportation is relevant to all fields because people need a way to access these services and facilities.
 - Have held informal interviews with local health departments implementing complete streets initiatives were conducted to determine current challenges. DOT is working on addressing those challenges identified.
 - In addition, the Hunts Point Interstate Access Improvement Project continues work on addressing structural and operational deficiencies related to the existing infrastructure within the established project limits is nearing completion. The work done around this part of the project is a featured part of the video developed.
- HCR
 - Work continued on phase two of Vital Brooklyn and with the construction of more than 2,000 affordable homes and advancing the initiative's \$563 million commitment to build 3,000 units of affordable housing in Central Brooklyn. HCR has required applicants to develop the sites into a new mixed-use development that benefits the surrounding community with public and health and wellness-oriented amenities including open space and recreation. Proposals were scored on their ability to incorporate

health-oriented, sustainable and green building practices, while addressing community priorities.

- Furthermore, HCR financed 1,000 affordable homes for seniors on underutilized land owned by the New York City Housing Authority in Central Brooklyn in as part of the Vital Brooklyn Initiative. The newly constructed, 100 percent affordable housing developments will be made available to NYCHA residents and other seniors, financed with up to \$15 million in Federal Low-Income Housing Tax Credits.
 - Other Vital Brooklyn programs announced as part of Phase II roll-out includes a \$1.825 million investment in new mobile markets, food insecurity screening for seniors, youth run farmers markets, community gardens, and a food distribution hub siting study, to help ensure local communities can purchase fresh, local foods, and have the support they need for healthier lifestyles.
 - Working on green building sustainability and active design incorporation into new and existing housing.
 - Considering proximity of housing to transit services as well as use of low emission building materials, day light and stairways lighting.
 - Designing buildings to promote physical activity.
 - Considering a transition of certain optional health requirements in buildings to required, such as smoking, now optional, to smoke free.
 - Considering implementing the Healthy Housing concept – providing linkages to services and healthier supportive housing for aging and vulnerable populations.
- Office of Addiction Services and Supports (OASAS) –
 - Working on Hepatitis C initiative as well as prevention of underage drinking in SUNY and CUNY campuses.
 - Supporting recovery Centers for people to maintain healthy lifestyles in the comfort of their treatment facilities and new residential treatment centers with renewed structures geared to healthy lifestyles.
 - Office of Mental Health (OMH) –
 - Working to identify socially isolated people and connect them with supports (friends, family, etc.).
 - Utilizes local postal workers to check on isolated older adults and link to services
 - Created resources to help out-of-state families seek services for their in-state relatives.
 - Office of General Services (OGS) –
 - Implement no smoking policy
 - Enforcing no smoking within 25 feet of entrances to buildings
 - Work with implementing healthy foods in communities in collaborate with the Department of Agriculture and Markets
 - Expanding farmer’s markets to more state office buildings

- Added benches and Farmer’s Market to the Empire State Plaza Concourse to accommodate visitors
- Work with Ag & Markets to increase Taste NY Stores – Fresh foods in NY
- OGS has program space for other agencies to host healthy programs
- Work with NYSERDA to keep the lights on in their building
- Department of Agriculture and Markets
 - HAAP/AFNY was incorporated into the proceeding of the NYS Council on Hunger and Food Policy, housed at the NYS Department of Agriculture and Markets. A council representative presented at the Population Health Summit and the DOS Smart Growth Director attended, and presented at, the Council’s meetings on behalf of HAAP/AFNY.
- DEC
 - Work continues to support the promotion of Adventure NY among health stakeholder organizations.
 - Climate Smart Communities – along with DEC and DOH, working to enact provisions under the Climate Leadership and Community Protection Act. Collaboration to understand the important health/energy nexus and identify and quantify the health and public health benefits of climate smart community actions.
- DOH
 - 40 health systems enrolled in two NYS specific Action Communities, providing technical assistance to incorporate John A. Hartford’s 4Ms into their care and service delivery. Providing technical assistance and support to 13 counties participating in the Age Friendly Planning Grant to replicate the EO 190 at a county level, become a member of AARP’s Network of Age Friendly States and Communities, and/or become a Center for Excellence.
 - Updated the HAAP/AFNY page DOH’s webpage to include a link and information on the Age-Friendly Roadmap produced by New York Academy of Medicine, with support from the NYS Health Foundation, Foundation for Central and Western New York and the Greater Rochester Health Foundation.

This document provides the community with information on HA activities around the state by introducing them to the State’s age friendly domains. Included in the Roadmap are case-studies across multiple state agencies of programs emblematic of HAAP/AFNY. The work done through HAAP-HA was recognized nationally through the National Network of Public Health Institute’s Public Health Innovation Award. Additionally, this work was recognized by APHA through a nomination for their Archstone Award. While not awarded, DOH and our partners

- were invited to present a poster on our experience and age-friendly work.
 - Long Term Planning Project – DOH and NYSOFA held a series of five meetings over the course of 2019 on: Improving Coordination, Communication, and the Consumer Experience; Evidence-Based Programs and Innovative Models in Aging and Long Term Care; Family Caregiver Support; Long Term Care Workforce; and Financing Alternatives to Public Programs. Minutes for all meetings have been posted to a webpage on DOH’s website along with a general summary of discussion at the Long-Term Care Planning Council meetings. A final report along with recommendations gleaned from the meetings will be submitted to the Governor’s Advance Care Planning Initiative - The re-design of DOH’s Advance Care Planning website is in the approval stage and DOH continues the process of refining with input from various internal departments.
 - Aging Innovation Challenge – DOH conducted the Aging Innovation Challenge to engage college and university students in the state on issues related to long term care and caregiver burden by asking them to develop new solutions to these aging issues. DOH held a competition for these innovations during the school year, and finalist teams of students presented their innovation to a panel of judges (Commissioner of Health Dr. Howard A. Zucker, the CEO of HeroX, a crowdsourcing platform, and SUNY Chancellor Kristina M. Johnson) in order to take home a prize from a \$50,000 pool. Joint winners of the inaugural challenge were named from Corning Community College and the University of Syracuse.
- NYSOFA
 - Built the eight domains of age friendly into our approved federal four-year plan.
 - Required the 59 AAAs to include the eight domains of age friendly and how to address them within their annual plans to the state.
 - Working with the Alzheimer’s Coordinating Council and other entities to develop and implement dementia capable communities.
 - Working with AARP NY and SAGE to build LGBTQ elements into age friendly, Prevention Agenda and HAAP.
 - Administers age friendly grants to 13 counties to replicate EO 190 at local level, get counties to sign on to process to be designated by AARP as age friendly communities.
 - Administering funding for three regional AGE Friendly Technical Assistance Centers of Excellence and working with Health Foundation of Western and Central New York and NYAM to implement learning collaborate for five Regional TA Centers and grantees to assure project success.

- Presents regularly at local, state and federal meetings/conferences on State's prevention Agenda/HAAP/Age Friendly work.
- Working with Governor's office and State team to expand EO 190 language to all procurement opportunities, where appropriate.
- Participates in weekly cross agency team for planning and implementing strategies that support Prevention Agenda/HAAP and Age Friendly.

Appendices and supporting documentation

Presentations and Public Events Supporting Prevention Agenda/HAAP/Age Friendly

4/17/17 – AARP Leading on Livability: Innovation for an Age Friendly New York – Albany

5/17/17 – Ad Hoc Committee to Lead the Prevention Agenda – Albany

6/6-6/7/17 – Aging Concerns Unite Us (ACUU) conference – Albany

6/21/17 – Putnam County Senior Picnic

6/21/17 – Geriatric Mental Health Planning Council Meeting – Albany

7/12/17 – Age Friendly Albany County event

7/31-8/1/17 – N4A conference – Savannah, GA

8/18/17 – 19th Annual Orange County Senior Forum & Public Hearing

9/18/17 – Albany County Summit on Aging

9/21/17 – Delaware County Volunteer Recognition Luncheon

10/3/17 – NYSCRC Annual Conference – Albany

10/5/17 – NYS Association of County Health Officials – Clayton, NY

10/6/17 – Aging Services 2017 Conference – Albany

10/18/17 – NOEP Leadership Conference – Albany

10/24/17 – Region I & II SUA Director's Meeting – Boston

11/9/17 – Mercy Care Educational Forum – Paul Smith's, NY

11/20/17 – Interagency Meeting on Health Across all Policies and Healthy Aging – Albany

11/28/17 – AARP: Caregiving Summit – New York City

12/6/17 – Ad Hoc Committee to Lead the Prevention Agenda – New York City

1/19/18 – VBP meeting with DOH – Albany

1/24/18 – Health Disparities Conference

1/25/18 – LiveOn conference – New York City

1/31/18 – Mercy Care for the Adirondacks quarterly meeting

2/15/18 – FW: Ad Hoc Committee to Lead the Prevention Agenda – Albany

4/17/18 – Rural Aging Conference – Ithaca

4/23/18 – Seniors Rock Radio Show – Monroe County

5/9/18 – Home Care Association of New York State Annual Meeting and Conference – Saratoga

5/14/18 – New York State Council on Hunger and Food Policy – Albany

5/22/18 – NYSOFA Older New Yorkers' Day event – Albany

5/31/18 – Health Across All Agencies and Aging – Albany
 6/5-6/6/18 – Aging Concerns Unite Us (ACUU) conference – Albany
 6/11/18 – Ralph C. Wilson, Jr. Foundation meeting – Buffalo
 6/20/18 – Reframing Aging: A New Paradigm for an Age-friendly State presentation – Albany
 6/29/18 – PHIP Monthly Meeting/WebEx
 7/7/18 – Veteran's Affairs/NYSOFA event – Long Island
 8/2/-8/3/18 – AARP Livability Summit – Syracuse
 8/7/18 – HAAP-Healthy Aging (HA) committee meeting – Albany
 8/10/18 – Healthcare Association of New York State (HANYs) - Future of Healthcare – Rensselaer
 8/29/18 – NY Funders Alliance - Health Across All Policies Webinar Discussion
 9/4/18 – Age in Place Roundtable – Long Island
 9/12/18 – Geriatric Mental Health Planning Council Meeting – Albany
 9/14/18 – Age Friendly Community KICK off Event – Broome County
 9/18/18 – Summit on Aging – Buffalo
 9/20/18 – Senior Dining Program Volunteer Recognition and Luncheon – Montgomery
 9/26/18 – Social Determinants of Health Innovation Summit – NYAM – New York City
 9/26/18 – Prevention Agenda Ad Hoc Committee Mtg – Albany
 9/27/18 – AHI Summit – Lake Placid
 10/3/18 – Sepsis Statewide Summit – Albany
 10/15/18 – Health Across All Policies – HANYs – Rensselaer
 10/24/18 – State Society on Aging (SSA) Town Hall Meeting – Saratoga
 10/25/18 – AAA Leadership Institute -Lake George
 10/26/18 – Meals on Wheels Conference (MOW) Conference – Buffalo
 11/6/18 – Council on Hunger and Food Policy Meeting – Albany
 11/13-11/15/18 – AARP Network of Age-Friendly States – Charlotte, NC
 11/29/18 – Aging Innovation Challenge – New York City
 12/11/18 – AARP NY meeting – New York City
 12/11/18 – Home Care Association of New York State Board Meeting – Albany, NY
 12/14/18 – SUNY/Age Friendly Discussion – Albany
 12/19/18 – Caregiver Guide Event – New York City
 1/3/19 – Regional meeting with ACL
 1/8/19 – Health Across All Policies (HAAP) All Agency Meeting – Albany
 1/9/19 – Adirondack Park Agency and DEC regional office meeting – Warrensburg
 1/11/19 – RAISE Family Caregivers Act – White Plains
 1/27/19 – State of Respite in WNY– Buffalo
 1/30/19 – Mercy Care of the Adirondacks – Saranac Lake
 1/31/19 – LiveOn Annual Conference – New York City
 2/1/19 – HANYs leadership – East Greenbush
 2/4/19 – Long Term Care Planning Project meeting – Albany
 2/8/19 – G.R.A.P.E. 17th Annual Town Hall Meeting – Rochester
 2/11/19 – Home Care Association of New York State Board Meeting – Albany
 2/26/19 – Business Acumen Kickoff Training – Albany
 2/28/19 – Population Health Summit - Albany
 3/15/19 – New York Academy of Medicine – New York City

3/26/19 – Lifespan's 2019 Celebration of Aging – Rochester
 3/28/19 – Lifespan and United Way meeting – Rochester
 4/4/19 – Adirondack Park Local Government Day – Lake Placid
 4/9/19 – Capital Region Villages Collaborative – Latham
 4/10/19 – Network in Aging – Amherst
 4/18/19 – American Society on Aging conference – New Orleans
 4/18/19 – Healthy Aging in Rural New York conference – Watkins Glen
 4/24/19 – City & State Magazine's Healthy NY Summit – New York City
 4/29/19 – Council on Hunger & Food Policy Meeting – Albany
 5/1/19 – 2019 National Lifespan Respite Conference – Buffalo
 5/3/19 – NYSOFA State Plan roadshow- Albany
 5/10/19 – NYSOFA State Plan roadshow – New York City
 5/13/19 – Long Term Care Planning Project Meeting – Albany
 5/17/19 – NYSOFA State Plan roadshow – Long Island
 5/17/19 – NYSOFA State Plan roadshow – Malone (Franklin County)
 5/20/19 – Age Friendly Health Systems Movement – Albany
 5/24/19 – NYSOFA State Plan roadshow – Pomona (Orange County)
 5/30/19 – Regional Economic Development Council (REDC) meeting – Potsdam
 5/31/19 – NYSOFA State Plan roadshow – Bath (Steuben County)
 5/31/19 – NYSOFA State Plan roadshow – Buffalo
 6/4/19 – 23rd Annual Senior Enrichment Day – Cortland
 6/5/19 – 24th Annual Elder Law Forum – Albany
 6/7/19 – Senior Luncheon and Health Fair – Lake George
 6/11-6/12/19 – Aging Concerns Unite Us (ACUU) conference - Albany
 6/13/19 – G.R.A.P.E. 27th Annual Gala Dinner – Rochester
 6/20/19 – HANYS Annual Membership Conference - Age Friendly Initiatives – Saratoga
 6/25/19 – NYSOFA 4-year plan state webinar to AAAs – statewide
 6/27/19 – 4th Annual Senior Fair – Willsboro
 7/9/19 – Long Term Care Planning Project meeting – Albany
 7/11/19 – Visions Webinar re Vision and Visual Impairments – statewide
 7/18/19 – Findlay Lake Village/NORC Press Event – Findley Lake
 7/23/19 – Older Veterans Forum 2019 - Watertown
 7/30/19 – HAAP/Age Friendly Cross Agency Meeting – Albany
 8/20/19 – Villages in the Capital Region Forum – Albany
 8/27/19 – 2019 HCBS Conference – Baltimore
 9/10/19 – Regional Healthy Aging Summit Meeting – Boston
 9/11/19 – NYAIL Annual Conference – Albany
 9/12/19 – Geriatric MH Council Meeting – Albany
 9/17/19 – LTCPP Meeting – Albany
 9/18/19 – Pennsylvania State Unit on Aging
 9/24/19 – 3rd Annual Leading on Livability Summit – Buffalo
 10/2/19 – Albany College of Pharmacy class lecture – Albany
 10/3/19 – Orange County RSVP luncheon – Middletown
 10/4/19 – NYSOFA/Annual Nutrition Conference – Syracuse
 10/21//19 – Lifespan Board of Directors – Rochester
 10/22/19 – Schuyler OFA 40th Anniversary Event – Watkins Glen

10/24/19 – Orange County Caregiving Symposium – Montgomery
10/25/19 – LTCPP Meeting – Albany
10/28/19 – Council on Hunger and Food Policy Meeting – Albany
10/29/19 – 2019 AgingNY Leadership Institute – Saratoga
10/30/19 – 2019 Adult Abuse Training Institute (AATI) – Albany
10/30/19 – State Society on Aging NY Town Hall – Saratoga
11/8/19 – Ithaca College Gerontology Institute – Ithaca
11/15/19 – Statewide webinar – TCARE
11/21/19 – Rockland County: AARP Age Friendly Livable Community Celebration
11/22/19 – Assembly Aging Committee hearing – Albany
12/6/19 – 2019 Long Island Smart Growth Summit
12/9/19 – NY Committee for the Coordination of Police Services to Elderly Persons
12/10/19- State Roadmap Discussion with State leaders – ACL
12/19/19 – HAAP/Age Friendly New York Programs and Policies Workgroup Meeting
1/3/20 – Age Friendly New York State presentation for Excellus – Rochester
1/16/20 – Health & Age Across All Policies (HAAAP) learning collaborative kickoff call
1/21/20 – Center for Urban Future Conference – Albany
1/22/20 – Age Friendly NY Discussion with Excellus – Rochester
1/24/20 – NYSOFA All Staff Meeting – Albany
1/30/20 – NYS Legislature Budget Hearing – Albany
2/6/20 – NYS Tourism Interagency Council – Albany
2/10/20 – Conference of Mayors Winter Legislative Meeting – Albany
2/11/20 – ACUU Preconference Planning Meeting
2/26/20 – MRT LTC Advisory Group Meeting – NYC
2/27/20 – Geriatric Mental Health Advisory Meeting
3/5/20 – HAAP/Age Friendly Learning Collaborative – Albany
3/11/20 – Livable Communities Corps Virtual Retreat
4/20/20 – Elder Abuse Awareness Roundtable Webinar – Orange County
4/23/20 – NYS Pharmacy Conference Partners and stakeholders
4/24/20 – Health & Age Across All Policies (HAAAP) learning collaborative webinar
4/30/20 – Region I and II State Units on Aging Call – ACL
5/14/20 – HAAP Webinar
5/29/20 – 25th Annual Elder Law Forum
6/2/20 – Capital Region Village to Village Collaborative
6/10/20 – Advancing States Virtual National Meeting
6/11/20 – NCOA Age+Action Conference – FEMA/ACL
6/10/20 – HAAP/Centers of Excellence Webinar
7/8/20 – Age-Friendly Health Systems call
7/10/20 – Health & Age Across All Policies (HAAAP) Center for Excellence webinar
7/22/20 – Livable Communities Corps Mid-Year Virtual Retreat
8/6/20 – Health & Age Across All Policies (HAAAP) ALL age-friendly grantees Webinar
8/12/20 – Age-Friendly Health Systems monthly call
8/17/20 – Council on Hunger and Food Policy Working Group
8/28/20 – Call with Advancing States on NY Initiatives
9/1/20 – Age-Friendly Aging Network and FQHC collaboration
9/14/20 – State Society on Aging Virtual Town Hall

9/16/20 – Kinship Care Month Webinar
9/17/19 – Long Term Care Planning Project Meeting – New York City
9/21/20 – HAAP Convening
9/24/20 – N4A Conference Panelist
9/30/20 – National State Units on Aging Call – ACL
10/6/20 – Village to Village National Conference
10/7/20 – NYS Alliance for Retired Americans Virtual Town Hall
10/7/20 – HCBS Conference – Social Isolation
10/16/20 – HAAP CFE TA Call
10/21/20 – FEMA/ACL National Call
10/25/19 – Long Term Care Planning Project Meeting – Albany
10/27/20 – Grantmakers in Aging presentation
11/5/20 – Network in Aging Zoom Conference
11/18/20 – TA Call with Colorado
12/1-12/9/20 – 5 presentations at HCBS Conference
12/21/20 – NYS Coordinating Council Related to Alzheimer’s Disease and Other Dementias
1/7/21 – SEPSIS Alliance Insiders Call
1/11/21 – Age Friendly Health Systems Virtual Summit

A focus of 2019, was to include HAAP/AFNY language in relevant press releases and news stories – where possible. Members of the Leadership team from DOS and NYSOFA have been integral in communicating with agencies and members of the Governor’s communications office to ensure that relevant press releases include language about the HAAP/AFNY Initiative.

- Relevant press releases include:
 - Governor’s Office – Announcing the signing of Age Friendly Executive Order
 - DOH/NYSERDA/Governor’s Office - Announces Proposal in FY 2020 Executive Budget to Reduce Asthma-Related Illnesses through the Multi-Agency 'Healthy Homes' Pilot
 - Age Friendly Centers of Excellence – with Health Foundation for Central and Western New York, announcing the Age Friendly Centers of Excellence funded through the Age Friendly Planning Grant Program.
 - NYSOFA/DOS – Announcing award recipients of Age Friendly Planning Grant Program
 - Herkimer County – Announcing Herkimer County as award recipient for Age Friendly Planning Grant Program – Rome Sentinel

- NYSOFA/DOS/DOH – Announcing the release of the Age Friendly Planning Grant Program
- Governor’s Office/DEC/OGS - Revitalization of Former Theme Park Site Will Bolster Local Economy, Serve as Gateway to Recreational Opportunities in the Adirondacks to enhance access to state lands and connect New Yorkers to nature and the outdoors
- Governor’s Office/Parks and Recreation - Vital Brooklyn Community Development Initiative in Central Brooklyn opens playground supporting State’s "Health Across All Policies" Initiative
- Governor’s Office/DOT- Announcing \$27 million In funding to support transportation enhancements in the Capital region supporting the State’s "Health Across All Policies" Initiative
- DEC – Announcing the \$1.45 million in Smart Growth grants to support Age-Friendly Economic Development, Tourism, Infrastructure and Community Revitalization.
- SOFA/DOS/New York Academy of Medicine - DOH and New York Academy of Medicine Release Roadmap to make New York the healthiest state
- Governor’s Office/DOH – Announcing New York’s HAAP/AFNY Initiative Wins the National Public Health Institute’s Public Health Innovation Award



**Department
of State**

**Office for
the Aging**

**Department
of Health**

**Greg Olsen, Acting Director
Andrew M. Cuomo, Governor**

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