

## Resources for Aging Network Nutritionists

This document contains a digest of on-line resource information to support Aging Network Nutritionists in planning nutrition education and other supports for older adults during the COVID-19 public health emergency. This digest was curated by the Nutrition Unit at NYSOFA using trusted national (and international) sources.

The Nutrition Unit stands ready to assist Aging Network Nutritionists with needs for additional resources. Please contact your Aging Services Nutrition Consultant at NYSOFA if we can be of assistance.

### Source: FDA

Topics:

- Food Safety and Availability During the Coronavirus Pandemic, Shopping for Food During the COVID-19 Pandemic - Information for Consumers, <https://www.fda.gov/consumers/consumer-updates/food-safety-and-availability-during-coronavirus-pandemic>

- Best Practices for Re-Opening Retail Food Establishments During the COVID-19 Pandemic

FDA is providing a food safety re-opening checklist for previously closed retail food establishments or those that have been open with limited service related to the COVID-19 pandemic. This checklist addresses key food safety practices for retail food establishments to consider when re-opening and restarting operations.

<https://www.fda.gov/food/food-safety-during-emergencies/best-practices-re-opening-retail-food-establishments-during-covid-19-pandemic>

- Best Practices for Retail Food Stores, Restaurants, and Food Pick-Up/Delivery Services During the COVID-19 Pandemic (managing food pick up and delivery) available in 7 languages.

FDA is sharing information about best practices to operate retail food stores, restaurants, and associated pick-up and delivery services during the COVID-19 pandemic to safeguard workers and consumers. This addresses key considerations for how foods offered at retail can be safely handled and delivered to the public, as well as key best practices for employee health, cleaning and sanitizing, and personal protective equipment (PPE).

<https://www.fda.gov/food/food-safety-during-emergencies/best-practices-retail-food-stores-restaurants-and-food-pick-updelivery-services-during-covid-19>

## **Source: World Health Organization (WHO)**

Questions relating to food for consumers and COVID - 19

[https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/questions-relating-to-consumers?gclid=EAlaIQobChMI1dWvt7mf6gIVmITiCh2WzA-\\_EAAYASAAEgKy2fD\\_BwE](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/questions-relating-to-consumers?gclid=EAlaIQobChMI1dWvt7mf6gIVmITiCh2WzA-_EAAYASAAEgKy2fD_BwE)

## **Source: The Academy of Nutrition and Dietetics**

<https://www.eatrightpro.org/coronavirus-resources>

As the impact of COVID-19 unfolds, the Academy of Nutrition and Dietetics is gathering resources for food and nutrition practitioners to address preparedness, patient care and food safety and access.

RESOURCES, QUESTIONS/ANSWERS and WEBINARS related to COVID-19.

### 1. Resources

This working list of resources will be expanded over time, so check back often.

<https://www.eatrightpro.org/coronavirus-resources#resource-links>

### 2. Questions and Answers related to COVID–19

This site provides frequently asked questions and answers and allows you to ask your question and get an answer.

<https://www.eatrightpro.org/coronavirus-resources#questions>

### 3. Webinars:

- Local and Global Impacts of COVID – 19 on Food Security. Front Line Realities from Nutrition Professionals: As the impact of COVID-19 unfolds, the Academy of Nutrition and Dietetics is gathering resources for food and nutrition practitioners to address preparedness, patient care and food safety and access

<https://www.eatrightpro.org/practice/professional-development/distance-learning/local-and-global-impacts-of-covid-19-on-food-security-front-line-realities>

- Providing Nutrition Services Via Telehealth During COVID–19 Part 1 What RDNs Need to Know.

As our nation faces an unprecedented public health emergency, RDNs in both health care facilities and private practice are turning to telehealth as a

means for providing medical nutrition therapy and other nutrition-related services to the populations they serve.

<https://www.eatrightpro.org/practice/professional-development/distance-learning/providing-nutrition-services-via-telehealth-during-the-covid-19-pandemic>

- Providing Nutrition Services Via Telehealth During COVID–19 Part 2 What RDNs Need to Know

<https://www.eatrightpro.org/practice/professional-development/distance-learning/providing-nutrition-services-via-telehealth-during-the-covid-19-pandemic-part-2>

- Nutrition Assessments During the COVID–19 Pandemic: A Panel Discussion  
In this panel discussion, learn about changes in the global landscape of food security from nutrition professionals whose work encompasses emergency food relief, nutrition-sensitive agriculture and food systems resilience

<https://www.eatrightpro.org/practice/professional-development/distance-learning/nutrition-assessments-during-the-covid-19-pandemic>

### **Source: National Council on Aging**

Self-Care During the COVID–19 Outbreak

[https://www.ncoa.org/blog/self-care-during-the-covid-19-outbreak/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=04282020\\_NC\\_OAWeek](https://www.ncoa.org/blog/self-care-during-the-covid-19-outbreak/?utm_source=newsletter&utm_medium=email&utm_campaign=04282020_NC_OAWeek)

### **Source: The National Resource Center on Nutrition and Aging**

Toolkit: The “New Normal” Way of Providing Key Nutrition Services to Seniors

<https://nutritionandaging.org/toolkit-the-new-normal-way-of-providing-key-nutrition-services-to-seniors/>