

County-Specific Report: Physical Activity, Overweight, Obesity Among Adults (65+) July 2008-June2009				
County	No Leisure - Time Physical Activity	Overweight Among Adults (65+)	Obesity Among Adults (65+)	Overweight and Obese Adults (65+)
Albany	30.2%	50.1%	16.6%	66.7%
Allegany	42.6%	39.1%	30%	69.1%
Broome	24.5%	39.8%	24.9%	64.7%
Cattaraugus	29.60%	45.5%	22.3%	67.8%
Cayuga	34.3%	42.8%	25.6%	68.4%
Chautauqua	36.5%	42%	31.5%	74%
Chemung	33.7%	35.2%	30.5%	65.7%
Chenango	39.0%	40.1%	29.0%	69.1%
Clinton	37.4%	48.5%	27.5%	76.0%
Columbia	24.8%	39.9%	19.6%	59.5%
Cortland	32.8%	32.3%	24.3%	56.6%
Delaware	35.5%	35.4%	23.5%	58.9%
Dutchess	25.4%	40.0%	18.6%	58.6%
Erie	29.8%	37.3%	27.6%	64.9%
Essex	31.3%	38.8%	22.1%	60.9%
Franklin	37.1%	41.5%	29.9%	71.4%
Fulton	37.1%	44.0%	21.4%	65.4%

Genesee	37.8%	41.7%	26.8%	68.5%
Greene	28.8%	43.8%	30.6%	74.4%
Hamilton	22.6%	44.9%	21.0%	65.9%
Herkimer	34.8%	36.8%	29.3%	66.1%
Jefferson	40.0%	40.5%	28.9%	69.4%
Lewis	36.9%	37.8%	32.1%	69.9%
Livingston	32.0%	42.8%	24.1%	66.9%
Madison	37.3%	38.9%	27.1%	66.0%
Monroe	26.6%	34.9%	23.6%	58.5%
Montgomery	41.2%	37.3%	29.0%	66.3%
Nassau	28.6%	36.4%	19.1%	55.5%
Niagara	37.1%	41.9%	24.9%	66.8%
Oneida	39.8%	32.4%	26.2%	58.6%
Onondaga	35.7%	43.1%	25.1%	68.2%
Ontario	31.3%	38.4%	22.7%	61.1%
Orange	33.6%	44.5%	24.7%	69.2%
Orleans	33.7%	45.6%	28.6%	74.2%
Oswego	34.8%	39.9%	30.3%	70.2%
Otsego	24.0%	32.1%	27.5%	59.6%
Putnam	27.9%	39.4%	21.9%	61.3%

Rensselaer	37.8%	34.3%	28.8%	63.1%
Rockland	32.8%	44.8%	20.5%	65.3%
St. Lawrence	43.8%	40.0%	30.4%	70.4%
Saratoga	31.7%	44.3%	23.8%	68.1%
Schenectady	33.1%	33.6%	27.1%	60.7%
Schoharie	32.3%	45.6%	25.9%	71.5%
Schuyler	31.8%	42.8%	28.3%	71.1%
Seneca	33.1%	36.0%	30.1%	66.1%
Steuben	36.8%	42.5%	26.4%	68.9%
Suffolk	31.9%	39.7%	21.0%	60.7%
Sullivan	37.0%	43.0%	18.3%	61.3%
Tioga	28.0%	45.1%	21.8%	66.9%
Tompkins	23.2%	33.9%	19.7%	53.6%
Ulster	34.5%	43.4%	20.7%	64.1%
Warren	24.4%	36.5%	31.1%	67.6%
Washington	32.5%	38.9%	25.1%	64.0%
Wayne	30.0%	47.0%	21.5%	68.5%
Westchester	31.9%	43.3%	12.9%	56.2%
Wyoming	32.5%	37.7%	29.8%	67.5%
Yates	31.5%	40.4%	25.0%	65.4%

New York City	29.2%	44.2%	22.5%	66.7%
New York State	30.7%	41.5%	22.7%	64.2%

Source: New York State Department of Health, County Specific Report Expanded BRFSS July 2008-June 2009-County List (http://www.health.state.ny.us/statistics/brfss/expanded/2009/county/county_list.htm)