DATE: November 22, 2004

TO: AAA Directors, Caregiver Coordinators

SUBJECT: Hospital Discharge Planning Resource

PURPOSE: To transmit a copy of a publication of the National Alliance for Caregiving and the United Hospital Fund of New York.

BACKGROUND: The *Family Caregiver’s Guide to Hospital Discharge Planning* written by Gail Hunt, Executive Director of the National Alliance for Caregiving and Carol Levine, Director of the United Hospital Fund’s Families and Health Care Project provides many helpful hints on what a family caregiver needs to know when discharge plans are being developed and options are being discussed and arranged for their particular care receiver (spouse, relative, friend, etc.).

We have attached a copy of the Guide to this Information Memorandum. A full color version of the document is available to be downloaded from the internet at http://www.uhfnyc.org/usr_doc/DischargePlan_Fam.pdf

We encourage Area Agencies to offer this document to caregivers as an additional resource to make this leg of their journey through the long term care system more understandable and less threatening.

The United Hospital Fund has additional health care information on their web site, which may be accessed at www.uhfnyc.org. The National Alliance for Caregiving offers information for family caregivers and the professionals who serve them and may be accessed at www.caregiving.org.

Attachment
PROGRAMS AFFECTED:

- Title III-B
- Title III-C-1
- Title III-C-2
- Title III-D
- Title III-E
- Title III-F
- CSE
- SNAP
- Energy
- EISEP
- Cash-in-Lieu
- Title V
- HIICAP
- LTCOP
- Other:

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